

Crackpot

Why one scientist thinks
taboo fringe theories
are a big hairy deal

By Jennifer Fumiko Cahill

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didn't read
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in your pocket?



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A 2014 hash lab explosion in Rancho Sequoia left a sea of butane canisters.
Courtesy of the Humboldt County Sheriff's Office

On the Cover

Physicist Richard Stepp and friend,
photo by Mark McKenna *Bigfoot* appears
courtesy of the Eureka Humboldt Visitors Bureau

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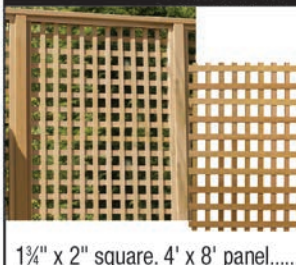
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It's Easy Being Green

Editor:

Alec Howard's quest to live a zero-waste lifestyle sounds like an interesting experiment but not exactly an inspirational example ("No Crap," April 21). Memorizing bin numbers at the Co-op instead of writing them down on the little twisties probably doesn't impress many people as a viable life strategy. Howard admits that his quality of life suffers in the service of his "Zero Waste" goal. So how about aiming for that huge, middle-of-the-range space between mindless consumerism and martyrdom? He'd attain a large percentage of his goal while modeling behavior that a lot more people could get behind. Widespread common sense would help the earth out a lot more than the occasional purist.

If we went after the "low-hanging fruit" first, we could persuade a lot more people and make a lot of progress in the right direction. For instance, there are two things we could do that would have a hugely helpful impact, and they're both *easy*. One is to bring your own shopping bags into the store. A little personal retraining is not exactly a big sacrifice, folks. You'd reduce the alarming continents of plastic trash in the oceans, save wildlife, and reduce emissions.

The second easy blow we

can strike against the plague of plastic waste in our oceans is to stop using so damn many single-use water bottles. If you must buy drinking water because your tap water isn't good for you, buy it in big, re-usable plastic bottles and decant it into small bottles that you can reuse over and over. Need a glass drinking bottle? Treat yourself to one of those fancy beverages and save the bottle. It's as easy as that!

For more lectures, pep talks, and even some interesting facts, check out my website at www.windwhistlers.com.

Martha Walden, Trinidad

Think, Do

Editor:

For three weeks now the mind has been the subject of letters to the editor ("Mailbox," April 7, April 14 and April 21). It is our common denominator. It brings us together and separates us as well, on this journey we partake in. The planet is but a fleck in the universe, and on that scale we become hard to measure as individuals. Maybe that is why we look to the mind in our attempts to rationalize our existence.

And as the life changes around us, we learn from products of the

mind in what Doug Ingold referred to as a classroom (April 21). The classroom is life, and we never stop learning. Not all of us will go to institutions of higher learning, but every single person receives the degrees of difficulty in this life ... where strife calls our name, and we grow from the bane subjecting us to pain. Along the way, the life builds layers like the onion and it becomes apparent that the struggle to exist is universal.

This brings us back to the molecular level which Douglas George (April 14) spoke of — the place where notions, motions and emotions come to life and guide us through this classroom of life. Control is what we usually long for, but there are times it slips from our grasp ... and from here we look to hop back in the driver's seat to regain the reins that steer us to our

destinations.

Many years ago Max Ehrman wrote: "You are a child of the universe, no less than the trees and the stars; you have a right to be here. ... In the noisy confusion of life keep peace with your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy."

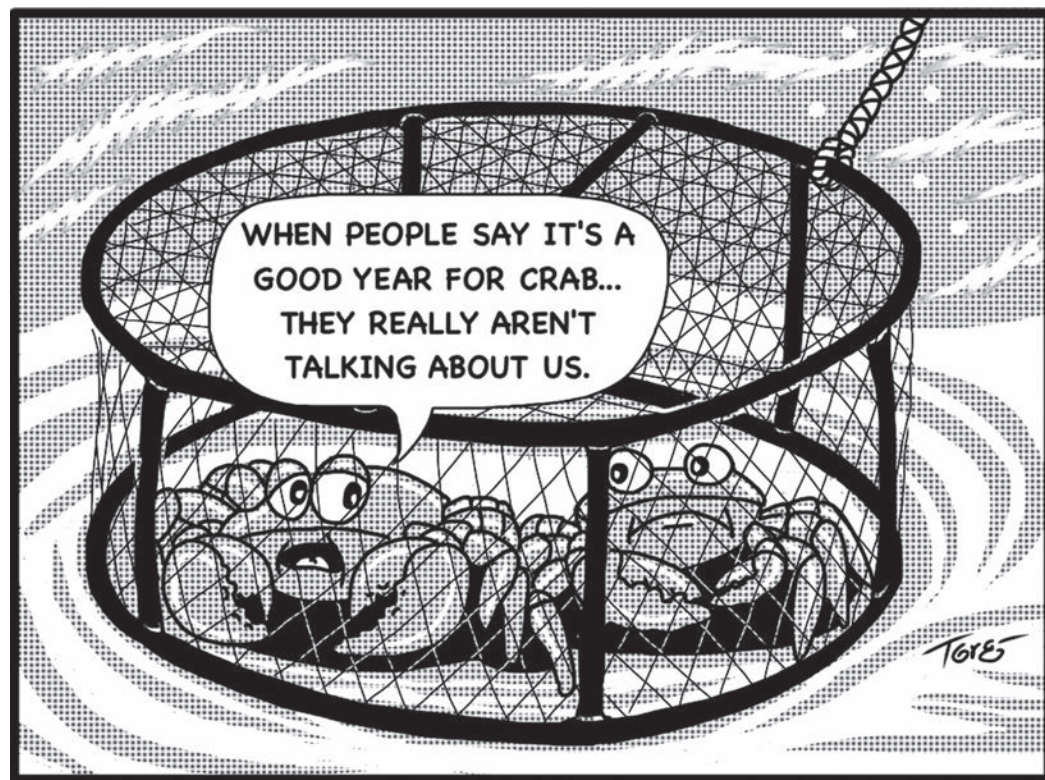
Nicely said, Max, rest in peace.

John Griffin, McKinleyville

Editor:

Just a quick response to Douglas George's letter regarding personal responsibility and the half second a thought takes to reach our conscious mind ("Mailbox," April 14). Although it may be scien-

Continued on next page »



Terry Torgerson

The Rains Have Come

The rains have come.
All winter it has rained.
But it is April now.
In the fields,
Under the warming sun,
The grass is deep, thick,
Electric.
The cows are dancing for joy.

— Patrick Riggs

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tifically true that we have no control over what we think or feel internally because of the half second it takes for those thoughts and feelings to reach our conscious minds; it is undoubtedly true that you do have control over what we do with those thoughts and feelings.

An extra second and a half beyond the experience of that thought or feeling is more than enough time to analyze how we, the conscious self, will respond to those thoughts and feelings. Just as we don't have to say everything that pops into our minds, so we also have a choice on what we will do with those thoughts and feelings. You may contend that we are ruled by "our inner robots" but I for one am not buying it.

Thoughts and feelings can be very powerful and compelling to our inner self but they don't have to define our outer self. The face we show to the rest of the world is determined by our actions. So yes, you don't have to feel guilty for what you think or feel but you do have to bear the responsibility for what you do. And yes, I don't have to hate anyone for their actions but I can hold them responsible for the consequences or those actions.

Tracy Shapiro, Redway

Write an Election Letter!

The *Journal* will publish letters related to local elections through June 2, meaning you have until Monday, May 30 at noon to get your opinion on the supervisor races, or any other local elections, in print. Election letters must be no longer than 150 words — and we'll only run one per writer per week. We'll fit as many as we can into the print edition and run others online. Get writin'. (Letters responding to the *Journal's* non-election coverage are, as always, welcome and encouraged, and can run as long as 300 words.)



Little green firs eating up open land in Southern Humboldt.

Photo by Linda Stansberry

March of the Conifers

Wood lands oak woodlands bill in Assembly

By Linda Stansberry

linda@northcoastjournal.com

Length isn't everything. The Douglas fir (*Pseudotsuga menziesii*) grows fast, quickly outsizing stands of Oregon white oak (*Quercus garryana*), California black oak (*Quercus kelloggii*) and Canyon live oak (*Quercus chrysolepis*). But although they may be taller, these feral Christmas trees are relative infants next to their *Querci* neighbors, which reach a peak size of between 70 and 90 feet and often live for 400 years or more. Now these supercentenarians, which cover an estimated 138,132 acres across Humboldt County, are at risk of being outshaded and annihilated by the upstart firs. To the rescue? An unlikely coalition of ranchers, environmentalists and dentist-turned-Assemblyman Jim Wood.

"There's just a recognition from both sides of the political spectrum that what we're doing wasn't working and we're losing this precious resource," Wood said in a phone interview. This year the assemblyman introduced Assembly Bill 1958, which passed the Natural Resources Committee on April 6 and is currently before the Appropriations Committee. Wood said he had been contacted by many constituents concerned about the disappearance of oak woodlands. The bill was sponsored by two local conservation groups: the Northcoast Regional Land Trust and The Buckeye Conservancy.

Dan Ehresman, project manager for the land trust, said the issue of conifer

encroachment had been "on the radar" for more than a decade. In a report prepared in November of 2011, the group described native oak woodlands as an important part of the aesthetic, environmental, economic and cultural landscape of Humboldt County. Besides providing habitat and food for a number of species, the trees are also more likely to withstand fires.

"There's a major tie-in with climate change and fire resilience," said Ehresman, who described the smaller, pitch-laden firs as "match sticks." The fir stands significantly increase fuel loads during wildfire season. They're also thirsty plants, sucking water from the soil in the summer. The peaty soil beneath oak stands makes the perfect bed for fir seedlings, while oak acorns germinate slowly and with less frequency. Yana Valachovic, forest advisor at the local University of California Cooperative Extension, said there isn't an oak stand remaining in Humboldt County that hasn't been impacted to some extent by the march of the conifers. Valachovic, who served in an advisory capacity to the bills' authors, said that historic conservation efforts have been sadly conifer-centric, with more attention paid to redwoods than their humble inland cousins. But, of course, the genres have co-existed for thousands of years, so why has strangulation of these slow-growing giants only become a problem in our lifetime?

The answer, Ehresman and others say, is fire. Land management by fire was often practiced in the region by Native Americans, who relied on acorns as part of their diet and used the prairies that surround oaks as hunting grounds. Seasonal wildfires also swept through the region, killing fir seedlings before they could grow but leaving the hardier oaks to continue. This method of land management was also taken up by white settlers, who wanted to preserve the prairies as grazing land for cattle.

"In the late fall, we'd run slow burns up under the oak canopies," said Duane Frederickson, a Buckeye member whose family has operated a ranch near Kneeland since the mid-1800s. "It would control the unwanted species that would overtake the oaks. In the last 50 years, a number of factors kept us from continuing it."

Frederickson listed stricter air quality control and environmental regulations among those factors. The widespread dissolution of many family ranches, subdivided and largely converted to marijuana grows, has also contributed to management challenges, according to Lauren Sizemore, executive director of the Buckeye.

In 2006, Frederickson undertook a personal oak woodlands management plan, removing encroaching Douglas fir by hand on his ranch. He used 100-year-old photos as a frame of reference for what a natural landscape would look like. It was labor-intensive, he said, but rewarding. He watched native grasses and other species return. Others followed his lead. The initiative became a rare space of common ground between ranchers, loggers and environmentalists.

"I'm very pleased to see this catching on," Frederickson said. He has led tours of his land for the Environmental Protection Agency, California Department of Fish and Wildlife and others. "We've made great inroads partnering with these groups and getting them out on the ground to see what we have to work with."

The next step, he and others believe, would be a return to prescribed burning, but for many stands this option comes too late.

"It's not the great panacea," he said, adding that the fuel load beneath the stands is too great at this point and the oaks would burn. "Some of it's still going to have to be mechanically removed."

"Mechanically removing" firs may mean plucking them out by hand when they're very small or, if they're larger, using a chainsaw and a crew. But landowners cannot sell the fir for commercial profit without filing a timber harvest plan, which often costs tens of thousands of dollars. Douglas fir

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March of the Conifers

Continued from page 6

generally offers a poor return on investment in terms of commercial value. Also, under the Forest Practices Act, every conifer removed as part of a commercial harvest would require an additional conifer to be planted, a regulation all agree defeats the purpose of restoration. The Board of Forestry is considering revising these guidelines. Valachovic said that some large scale commercial fir harvests may still require timber harvest plans, but should AB 1958 go through, most landowners would be freed up to saw down the pesky firs without that level of financial and regulatory burden, under what's known as an exemption.

Mike Miles, a forester and board member with the NRLT, said his organization has insisted for a long time that removing Douglas firs from oak woodlands is a solid land management practice. According to Miles, who also works for the Humboldt Redwood Company and sits on the Board of Forestry, the land trust initially tried to write a joint policy with CALfire to untie landowners' hands. CALfire said the legislation around the issue was too "gray" to amend via that process. So the land trust set its sights on creating legislation that would make the issue crystal clear. Trust officials were considering politicians to approach when Wood's office reached out to them, asking if there were any Humboldt-specific environmental projects that could use support in Sacramento.

The original conversation involved a three-pronged approach to the issue: Clarify that treating oak woodlands is not "converting" land (like making a meadow out of a forest) but rather restoring it; create an exemption for oak woodlands so landowners can make a profit; and re-introduce prescriptive burning. Wood approached CALfire to see if the agency would support the legislation and it agreed ... to a point. Prescribed burning is not included in AB 1958.

Although there seems to be widespread support for the bill and for oak woodlands preservation in general, both Wood and Miles admit there is wariness among some environmental groups. Many small landowners feel current regulations are too "one size fits all," and have taxed stewardship efforts. But additional legislation perceived as diluting the Forest Practices Act will undoubtedly raise some eyebrows.

"There's an idea that we're governing by exemption," said Wood, adding that it may be time to revisit laws around timber harvest plans. "I'm sensitive to that, but on the other hand, maybe we need to go back and if see is this having the results we're intending."

Week in Weed



Whether it be oils, shatter, wax or honeycomb, the marijuana concentrates market is exploding. And in the eyes of some, that's a very literal problem.

Potent concentrates now make up about half of all legal recreational marijuana sales in Colorado, and some industry insiders predict the shatters, oils and hashes of the weed world will soon dominate the market. The problem lurking beneath this market trend is that the most popular method of making many of these products — butane extraction — is wasteful, dangerous and carries a host of unstudied health risks.

Cannabis concentrates are nothing new and have been used in some form for thousands of years. But the traditional methods of separating marijuana's psychoactive properties — THC, cannabinoids, terpenes and terpenoids — have given way to new methods of extraction that can deliver a more potent product.

The two most widely used extraction methods involve using CO2 or butane to strip compounds from the cannabis plant in order to isolate the stuff that will get you high. The CO2 extraction process involves expensive botanical machinery that uses pressure and the gas to pull a potent amber oil from marijuana. That oil is then put in the small plastic cartridges used in portable

vaporizer pens, which have become some of the industry's best sellers. Largely, CO2 extraction is a safe process that results in a safe product.

Butane extraction is something entirely different. The go-to method for making the shatter, wax and honeycomb that now permeate the market, butane extraction involves taking a long plastic or glass tube, filling it with marijuana plant matter and then pushing butane through it. The butane strips the plant matter of THC, leaving behind a thick golden liquid. That thick liquid still contains butane, however, which must be evaporated off, usually in a two-step process involving hot water and a heating pad.

The problem is that butane, once purged from its container, becomes a fugitive gas that's heavier than air. In a poorly ventilated space, it pools at the floor and builds up until it escapes or hits an ignition source, such as a pilot light, and explodes.

To make shatter — a hard concentrate with an amber, stained-glass-like appearance — folks add the additional step of "winterizing" or "dewaxing" to remove marijuana plant wax from the butane extract. This is usually done by putting the extract into a canning jar with acetone or isopropyl alcohol, and placing the jar into a freezer for 24 to 48 hours. This adds another layer of danger, as the gasses from any remaining butane in the extract and the

Butane Hash Oil

It's the bomb

By Thadeus Greenson

thad@northcoastjournal.com

Does a bear hash in the woods?

No, no it doesn't.

Humboldt County Sheriff's Office

added solvents can pool and ignite when the freezer's fan clicks on.

If you're wondering about the impact on your lungs from taking some clean, green, sun-grown marijuana, dousing it with butane and other chemicals, and then smoking what's left over, you're not alone. The health risks associated with butane hash oil (BHO) products are potentially legion, if totally unstudied. These include the risks of concentrating pesticides used to grow the marijuana; of smoking butane that isn't properly purged from the abstract; of the presence of lubricating chemicals and other compounds — things like benzene, hexane and neopentane — in the finished product; and even of concentrating the waxy substance that exists on most plants and vaporizing it directly into your lungs.

But pushing aside the potential health risks associated with the finished product, there's plenty about the butane extraction process that's worrisome. First off, butane is sold in relatively small canisters — generally ranging from 4 ounces up to 12 ounces in size. The BHO extraction industry goes through tens of thousands of these things, as was evidenced when when Southern Humboldt cleanup effort in January of last year pulled 800 pounds of empty canisters from a canyon near Carter Creek.

But the more immediate worry is the

Continued on page 11 »



Choosing The Right Medical Cannabis

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NCJ HUM PLATE jennifer@northcoastjournal.com



Butand Hash Oil

Continued from page 9

aforementioned explosions associated with the extraction process. Because of BHO's soaring popularity and marijuana's still quasi-legal-yet-largely-unregulated status in California, scores of people have taken to manufacturing BHO in their residences, often with little training beyond an Internet tutorial. This can have tragic consequences.

Humboldt Bay Fire has responded to four confirmed butane hash lab explosions — with another suspected — since November, including a couple that sent people to out-of-area hospitals for burn treatment and another with an explosion so fierce that it “moved the roof off the walls.” In February, the department announced that these fires — which often come with secondary explosions due to large amounts of butane stored on site — are so dangerous it would no longer send firefighters into structures to fight them unless they believed someone to be trapped inside.

Fire Chief Bill Gillespie is now working with the Eureka City Attorney's Office and County Counsel to craft an ordinance that would limit the sale of butane within city limits and potentially within the entire county. The idea, Gillespie said, is to make sure butane is only sold in very small quantities, making it difficult for someone to find enough of the stuff to run an extraction operation.

The bottom line, Gillespie said, is there is no place within his jurisdiction that has been approved as safe for butane extraction. Such a facility, he said, would need fire suppression systems, sprinkler systems, commercial ventilation systems and wiring up to codes that could sustain a potential explosion.

“If you're doing this, you've got to be really careful,” Gillespie said. “It's such a tremendous blast and fire hazard to be in an enclosed area that's not designed for it.”

Frenchy Cannoli, a renowned “cannabis resin consultant” from Mendocino who specializes in making hash, said there's an extract revolution going on right now in the cannabis industry. Within that, there are those who are refining processes of sieving off the resin glands and THC from cannabis to make hash that have been around for tens of thousands of years. Then there are also those constantly questing for easier methods and more potent products. That's where BHO comes in.

“Because it's not difficult to make bad concentrates, a lot of people are doing it and a lot of people are doing it in unsafe conditions, including kids with no education who've been watching this stuff on YouTube,” Cannoli said with his thick French accent. “Here in America, you have a tendency to reinvent the game. You don't go and relearn the traditional arts.”



Get It

By Marcy Burstiner

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If I had to pick a fictional character I'm most like, it would be Fancy Nancy, the girl in a series of books by children's author Jane O'Connor. She loves big words. She'd rather go on an *excursion* than a trip and *demonstrate* her dance moves instead of showing them off.

But I try not to write with Fancy Nancy words. They drive readers away.

Similarly, when governments stuff their documents with big words, it pushes away the public. Historically, that was the intent. It was why kings and popes issued dictates in Latin throughout Europe long after the language went out of common use. Reader Jud Ellinwood recently complained to the Eureka City Council that the language it used in its public meeting agendas made them difficult to understand. He used this example of an agenda item: “Conference with legal counsel-anticipated litigation. Significant exposure to litigation: one case. Pursuant to California Government Code Section 54956.9.”

The item described a closed session meeting about actions taken to remove homeless people from the Palco Marsh. But you wouldn't know that if you didn't already know that.

I poked through some agendas and found an item described this way:

“Pardoe Street Vacation Recommendation: 1. Receive the Planning Commission's recommendation to vacate the subject right-of-way; and 2. Adopt a Resolution of the City Council listing the Findings of Fact; and 3. Declare the Council's intention to “Order the Vacation” by adopting a Resolution of the City Council Declaring its intention to order the Vacation of a portion of “Q” Street along the West side of 1603 Hayes Street with conditions (APN 012-171-017) (Pardoe, Case No. SV-15-00).”

This use of difficult language by local governments is something I've noticed in pretty much every place I've lived. I once half slept through a city council meeting in Rancho Mirage that I was covering because the agenda was so dull. I perked up when the owner of a Chinese restaurant complained the ordinance the council was about to adopt would force her to take her restaurant sign down. It turned out that the dull measure was a law that would force all businesses to take down their signs and re-

place them with a standardized design. That included the landmark pink neon elephant that had long graced the Elephant Car Wash at the entrance to the city; no sign would be grandfathered in. The language of the agenda kept me from seeing that one coming, and I'm a wordsmith with a masters degree from an Ivy League school.

Ellinwood and I aren't the only ones concerned about this problem. Back in 2011, President Barack Obama signed the Plain Writing Act. In more than 900 words it ordered that “each agency shall use plain writing in every covered document of the agency that the agency issues or substantially revises.”

He was following in the steps of Al Gore, who, as vice president under Clinton, created the No Gobbledygook Awards, which went to government agencies that managed to produce documents the average person could understand. What sets a democracy apart from an oligarchy is that in an oligarchy, a select group of people maintain power, in part, because only they have access to information.

In a talk on the Humboldt State University campus Sunday, political activist and TV commentator Van Jones said that if you want a mass movement to support your public policy, you need to give legislative proposals titles that are cool sounding and easy to understand. I remember how brilliantly that tactic worked in 1994, when California voters overwhelmingly passed an unconstitutional anti-immigration referendum called Save Our State.

As a journalist, I love incomprehensible government language. Great stories come when you zero in on language no ordinary person could understand and find someone who can translate it. Buried under bureaucratic terminology are stories of people forced out of homes, delayed maintenance of crucial levee systems that lead to flood disasters and drinking water systems drawing from filthy rivers.

The reason we have a free press in this country is that our Founding Fathers understood that you can't have a government of the people and by the people if those people aren't educated on what their government does. They protected the press with the First Amendment and helped it flourish through a low-cost post-

al service so the press could help educate that public.

But we live in dangerous times. Our press isn't so healthy. When I was a young reporter, I had a whole day to prepare for a government meeting. That gave me time to read agendas and call people who could help me understand what I couldn't on my own. Reporters now have multiple stories they need to cover and are expected to write and report on events as they happen. This means even reporters who are fully awake at government meetings might miss some important context. They will cover what they can quickly understand and leave what they can't to others.

The journalism industry might never get back to the state it was in when I entered the profession. And if that is the case, we, the public, are going to have to step up as our own watchdogs if we don't want our cities to enact boneheaded laws that pinch pennies from public infrastructure or force every business in town to take down its sign.

And so our government leaders — the people we elect to represent us — must decide their role. Is it to hide important things from the public to avoid debate or to invite public discussion on difficult tasks?

The other question our government leaders must ask themselves is this: Do you represent everyone or only the highly educated?

In a workshop I once attended, author Amy Tan said that when she writes, she pictures her mother, who spoke English as a second language. She would never want to be a writer whose books her mother couldn't read. I took that to heart. I try to keep my Fancy Nancy words out of my writing because I don't want to turn away readers for whom English is a second language, or those who lack a high school diploma. Writing simply isn't easy. I track it using the readability statistics on Microsoft Word. This column clocked in at ninth grade level. I keep trying to lower it because Plain Jane reaches way more people than Fancy Nancy does. ●

Marcy Burstiner is chair of the Department of Journalism and Mass Communication at Humboldt State University. Her favorite writing form is haiku.

Container Community Plows Forward

It's been a busy week for the people behind a proposed plan to house 40 soon-to-be-displaced PalCo Marsh residents in shipping containers in Eureka's Old Town. As a deadline loomed, one person involved in the planning likened the renovating of the containers and the necessary approvals to building a plane as it careens down the runway.

- Here's what you should know:
- A city request for proposals to help PalCo Marsh homeless only received one response, from the nonprofit Affordable Homeless Housing Alternatives. But the proposal violates the city's stated requirements that any proposal to help transition people out of the marsh be free to the city and temporary in nature, and is unlikely to be approved, leaving the 40-bed container project as the only new option for those leaving the marsh.
 - But the container project, which is being undertaken by the unlikely pairing of local philanthropist Betty Chinn and the Humboldt Coalition for Property Rights, was proposed late in the game and faces a host of challenges in opening before May 2, the city's eviction date for Marsh residents.
 - The first is the operating agreement being hammered out by HumCPR, Chinn's foundation and the city of Eureka, which all three entities hope will shield them from liability.
 - The county's Department of Health and Human Services reconsidered a plan to donate \$130,000 toward the purchase of the shipping containers, and will now be

making a "substantial funding contribution" to the Chinn foundation's family shelter project instead.

- The Eureka City Council voted to modify its shelter crisis declaration and authorize staff to enter into agreements with HumCPR and Chinn to move the project forward. But during more than an hour of public comment, the council heard from a host of business and property owners in the neighborhood, virtually all of whom spoke against the project, with some threatening a lawsuit if it were to move forward.
- HumCPR has so far been bankrolling the project but doesn't have the means to carry the whole thing itself. The group is continuing preparations in anticipation that it will obtain some funding from the county or other sources, but has so far received no guarantees.
- It remains unclear exactly how operational expenses — like caseworkers, 24/7 site supervision, insurance, bathroom and garbage services, water and power — will be funded. Because HumCPR is not a nonprofit and its financial records aren't public, it's hard to know how deep its coffers are. What if the project runs out of funds and is forced to close in three months? "What will happen then is all the people we have transitioned (from the containers to permanent housing) aren't still homeless out in the community," said HumCPR Founder and Planning Commissioner Lee Ulansey.

— Thadeus Greenson

POSTED 04.25.16 READ THE FULL STORY ONLINE.

Droppin' for Dungeness



While commercial fishing for both rock and Dungeness crab is still on hold in our county due to unsafe levels of toxic domoic acid, recreational Dungeness crab fishing is a go in Humboldt County along the mainland coast at the Humboldt Bay entrance, and south, including ocean waters of Humboldt Bay. POSTED 04.22.16

Photo by Drew Hyland

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Bill to Boost Rural Docs: In an effort to curb the chronic lack of health care in rural areas like Humboldt County, the state Assemblyman Jim Wood-led Health Committee passed a bill that would make it legal for 28 rural hospitals — including Garberville's Jerold Phelps Community Hospital and Redwood Memorial Hospital in Fortuna — to offer doctors salaried positions. POSTED 04.20.16

Pedestrian Victim IDed: The man killed on U.S. Highway 101 near Herrick Avenue on April 16 has been identified as 27-year-old Latham Paul Daggett Greensfelder from the Petrolia area. His next of kin has been notified, according to the coroner's office. POSTED 04.25.16

Eureka Sued Over Marsh Evictions: Local attorney Peter Martin filed a federal lawsuit on April 25 alleging the city of Eureka is violating the constitutional rights of his 11 homeless plaintiffs living in the Palco Marsh with its order that they vacate the property by May 2. Martin is asking a federal judge to stay the eviction order. POSTED 04.27.16

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Digitally Speaking

91 The number of people vying for eight Bernie Sanders delegate seats from California's 2nd District. To learn how you can vote for delegate on May 1, visit www.northcoastjournal.com. POSTED 04.26.16

They Said It

"We are a generous community, and that has led to our demise."

— Fortuna Mayor Sue Long talking about the need for the city to pass an ordinance banning "approaching or following pedestrians, the use of abusive language, unwanted physical contact, or the intentional blocking of pedestrian and vehicular traffic." POSTED 04.22.16

Comment of the Week

"So, evict 200, house 40?"

— Altaira Hatton, commenting on the plan to convert shipping containers into temporary housing for the homeless residents of the marsh behind the Bayshore Mall. POSTED 04.25.16



Crackpot

Why one scientist thinks
taboo fringe theories
are a big hairy deal

By Jennifer Fumiko Cahill

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Physicist Richard Stepp.

Photo by Mark McKenna

Dr. Richard Stepp grabs the orange snowshoe by one end as an ersatz pointer to trace an island-hopping path from Northern Europe to Greenland to North America on the overhead projector map. He brought the snowshoe to his April 19 Bigfoot lecture at the Freshwater Grange to demonstrate a point about, well, big feet, but he's taken a detour to talk about another seemingly wild idea: the theoretical journeys of pre-Columbian Vikings.

The hall is packed. There are families, a few burly men with Whitman-esque beards and one woman in a pair of thematically appropriate furry black Ugg boots. Among them are skeptics, believers, the curious and the regulars who've come for the soup potluck. Like the Viking voyage, Stepp's introduction is a long way around to Sasquatch, but he's getting there. By the time he's delineating types of hominids, shuffling stacks of books and relating the tale of a purported Bigfoot abduction, he's right back in professor mode, the projector light rising up in his features like the glow of a campfire.

It's a version of a lecture Stepp has giv-

en before to students at Humboldt State University, where he taught for 39 years in the physics department before his final retirement in 2012. He is not trying to argue the existence of Bigfoot so much as why

"A subject that will
not get funded
and will endanger
your career may
never be studied."

— Richard Stepp

ter what your background, you're crazy," he says. That, he feels, is a dangerous assumption, leading scientists to abandon their methods and turn away from empirical study out of prejudice and self preservation.

"A subject that will not get funded and will endanger your career may never be studied," he says. The resulting blind spots

the possibility, along with other so-called "crackpot" theories — a label he tosses around gleefully — shouldn't be dismissed out of hand.

"This is the logical circle: Only crazy people talk about Bigfoot, so if you talk about Bigfoot, no mat-

in our collective knowledge extend beyond UFOs and yetis, potentially blacking out less-than-lucrative topics and politically unpopular conclusions.

Stepp himself has given plenty of time, study and financial support to the search for the big biped. He tells the grange crowd, "If I was a biologist this would have been a really bad idea. But I'm a physicist and they expect physicists to be a little weird."

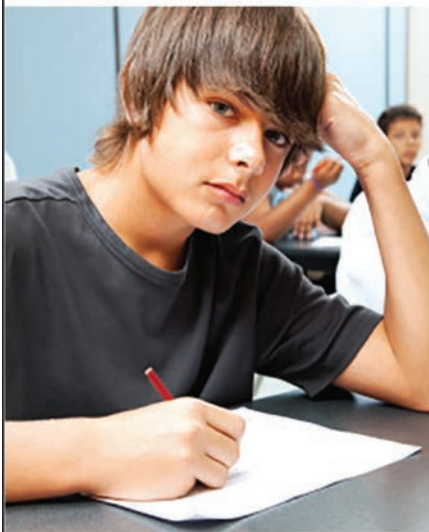
In fact, Stepp is willing to give consideration to a fair number of scientifically taboo subjects, noting that acupuncture was considered crackpot just a couple of decades ago. And he makes no bones about his own lack of expertise in biology and anthropology. Instead he proudly waves books by recognized experts in those fields and invites others to read them. But as much as he champions rigorous scientific study, he says science, at least our grasp of it, has limits and there are some things we cannot measure, test or know with certainty. In these cases, Stepp takes a rather unscientific leap of faith, going on his personal judgment and his trust in the testimony of the people he meets and knows.

A more-than-spry 71, Stepp is always moving, shifting in his hiking boots as he talks. His cropped white hair grows in a forward swirl and his dark, weathered skin shows through a couple of days' worth of gray stubble. Since childhood he has been plagued with health problems stemming from undersized kidneys. While they didn't say it outright, he got the message his parents and doctors didn't expect to him to live very long. His kidneys failed him three times, once when he was 20, landing him in the hospital for two months. Whether out of a sense of *carpe diem* or stubbornness, he threw himself into wrestling and track and field, particularly pole vaulting. He was just over 5 feet 3 inches tall, "exactly the body type that doesn't do well in track and field," he says. But he chose pole vaulting because it was difficult, dangerous and nobody else wanted to do it.

He kept pole vaulting until the age of 45, when his quad tendon snapped. A pair of hip replacement surgeries later, Stepp no longer vaults but still scales the climbing wall at HSU, throws the javelin at meets in his age class and volunteer

Continued on next page »

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On the Cover

Continued from previous page

coaches pole vaulting at McKinleyville High School. He keeps his running down to short sprints and takes a couple of days rest after throwing javelin. "I've got to do a crazy thing," he says, "but I've got to do it rationally."

His first inklings of crackpot interests were born of a certain rational orneriness, too. He tells with practiced ease the story of how, in fourth grade, he bristled at his teacher's dismissal of the idea that Vikings could have reached the Americas before Columbus because there was no evidence. Over the phone, interrupted on the cusp of a nap, Stepp still gets worked up over it, talking quickly and forcefully about Roman-era Latin inscriptions found in the U.S. and the discovery of possible Viking structures along the East Coast.

In graduate school at Penn State University, while earning his PhD in meteorology, Stepp studied atmospheric physics, particularly fluid mechanics, attempting to model the way air flows through forests for his dissertation. "I was so arrogant, I didn't think I needed any help from anybody," he says. He was also frustrated that the standing research he was working with seemed "weak and fudged," and likely funded by "people who wanted to put poison gas in forests."

In the end, he wasn't particularly proud of his work and wanted to leave and do something different — teaching lower level classes in a beautiful place sounded good, so he applied at HSU, where meteorology PhDs were in scant supply in 1973.

"Three years turned into 40," he says with a quick, high laugh. In those undergraduate meteorology and introductory physics classes, Stepp found new purpose. "You've got to translate what you've learned down to a level where people understand it," he says. "That's the global challenge."



Stepp tracing the theoretical journeys of Viking ships. Photo by Mark McKenna

Richard Thompson was Stepp's faculty sponsor in 1973 and worked with him in the physics department for the bulk of both their tenures. Thompson recalls him as a popular professor and a gleeful debunker of theories like alien construction of Peru's Nazca Lines. Stepp had negotiated an unheard of tenured half-time schedule, giving him time for his athletic pursuits, as well as researching the local legend of Bigfoot.

Thompson says the physics department held weekly rotating seminars at which Stepp sometimes talked about Bigfoot. "But he had a way of presenting it that was really interesting. It was done in at least a semi-scholarly way," Thompson says. Thompson agrees that while Stepp's credibility wasn't damaged by his interests because of his reasonable and thoughtful approach, that might not have been the case if he were a biologist. While he didn't convert Thompson, who views Bigfoot as "highly unlikely," at least in the halls of the physics department, "Nobody thought of [Stepp] as a crackpot."

In both lecture and conversation, Stepp is fond of saying, "Science does itself no honor by overstating its power." As a meteorologist, Stepp is particularly frustrated with what he sees as politics driving the study of climate change. The change, he says, is happening. But he believes the computer models upon which many researchers base their predictions are flawed in that there are far too many variables to ascertain how shifts in temperature and air currents will behave in, say, 100 years. Nor can we test our methods of prediction the way we can in the short term, he points out. Weather might be, he says, flexing his fingers wide in front of him, "a chaotic system not predictable beyond two weeks." The perceived certainty about climate change is a concern that's also been raised by other scientists, such as computational physicist Stephen Koonin who published an account of his doubts in the *Wall Street Journal*. On the other hand, Stepp says, the current model "could absolutely

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On the other hand, Stepp says, the current model “could absolutely be right — but they shouldn’t be as sure as they say.”

be right — but they shouldn’t be as sure as they say.”

In 2004, Stepp attended a conference on all things Sasquatch to celebrate the launch of the Bigfoot section of the China Flat Museum in Willow Creek. There he introduced himself to Jeffrey Meldrum, professor of anatomy and anthropology at Idaho State University and an oft-interviewed Bigfoot researcher. Meldrum’s area of focus is the evolution of bipedalism — the anatomical distinctions and development of our ancestors that led to our walking on two legs, including the dynamics of their footfalls, footprints and skeletons.

Stepp told Meldrum he administered a family charitable fund and Stepp suggested he apply for research money. Meldrum, who in a phone interview says he has gotten private support over the years but has had little success with university funding, didn’t think he could get the required matching funds, but eventually put together a proposal for a standard wildlife study with motion-triggered camera traps

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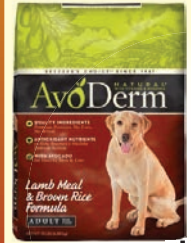
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On the Cover

Continued from previous page

and bait, similar to how one might study bear populations.

According to Meldrum, his application to ISU's matching research fund committee was headed straight for the "circular file" until Ed House, a biologist and then dean of research, pushed reviewers to evaluate it based on the proposed methods. Meldrum got his funding (a few thousand dollars) and launched his study in the summer of 2005 by the Suiattle River in the wilds of Washington.

Stepp joined the team in the field for a week or so. Unfortunately, Meldrum says, the sediment choking the Suiattle River that summer left few salmon to lure predators to the water, and 112-degree heat triggered camera sensors, wasting film. The team found a washed out 16-inch set of footprints that appeared bipedal but the detail was lost.

Meldrum says Stepp has been generous, funding other projects here and there, such as a 3D footprint scanning archive that other researchers will be able to access, and dropping the fund requirement for matching. "He appreciates the history of science and the fact that paradigms and dogmas can become so entrenched that academics can become blind to anything that doesn't fit their preconceptions," Meldrum says. He's in the early stages of a project now to which Stepp is contributing, but says he can't talk about it yet.

Meldrum does study other things, particularly relict hominids, those branches of our ancestral tree that died off tens of thousands of years ago — including *Homo floresiensis*, the 3½-foot-tall species nicknamed "the hobbit" discovered in 2003. As far as how his Bigfoot research has affected his career overall, "Well, it's taken it in a very different direction," he says. "Depends on what constitutes a successful career."

"This project has revealed an unpleasant underbelly in the scientific community."

— Jeffrey Meldrum



A DIY fake footprint at Stepp's lecture.

Photo by Jennifer Fumiko Cahill

Over the years, he's had a promotion hindered, tenure contested and experienced "irrational, visceral reactions from people who just wanted me to blow away." He knew the late anthropologist Grover Krantz had been mocked as a Bigfoot researcher, but had chalked some of that up to Krantz being "a quirky individual" who once wore a false brow ridge for months to see what it was like.

But, "This project has revealed an unpleasant underbelly in the scientific community," he says. "I had no idea the types of vitriol that I'd experience as a result of my involvement in this subject."

He says that when young, interested academics approach him, he discourages them from risking their careers pursuing Bigfoot research. Better, he says, cut their chops in a field that interests them, estab-

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Stepp lecturing on the danger of dismissing “crackpot” theories.

Photo by Mark McKenna

lish a solid reputation and then apply their expertise to the search.

Meanwhile, some serious names in the scientific community have come out in support of serious, objective research into Bigfoot, famed anthropologist Jane Goodall among them. Among biologists, trackers and wildlife specialists, Meldrum says he’s had a warm welcome. “Ignorance cultivates much more confidence,” says Meldrum, adding, “those who are informed recognize how much we don’t know.”

While fakes are a hallmark of what Stepp calls “the crackpot realm,” they are not enough to dissuade him. He’s quick to pounce on what he sees as holes in the story of Ray Wallace, whose family outed his 1958 footprint findings as a prank, saying a proper examination was never made and Wallace himself never renounced his claims. Nor, Stepp says, does the existence of humbugs rule out a real Bigfoot.

Meldrum says intentional hoaxes are

rare in his experience. Mostly he winds up straightening out people who’ve misidentified overlapping elk hoofprints, which can look like rounded toes, or shapes created by water erosion. Not surprisingly, people see what they want to see, like the face of Jesus on a piece of toast.

And while “citizen scientists” are a great help in fields like ornithology, when it comes to Bigfoot, “It’s a mixed bag.” The laminated fold-out field guide he published with an Arcata company about how to identify and record evidence has weeded out some of the wild goose chases and cut down on the amount of scat people send him. He recalls with a grim laugh when the department secretary called one day to tell him a UPS package was waiting for him — and it was dripping.

Despite Stepp’s belief in the importance of evidence gathering, he’s not optimistic about the scientific establishment’s willingness to consider prints, bones or photographs.

Continued on next page »

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On the Cover

Continued from previous page



The packed hall at the Freshwater Grange on April 19.
Photo by Mark McKenna

“Even if Bigfoot walked through the Arcata Plaza, pushed over the statue of McKinley, left a big scat pile and walked off,” says Stepp, “that still would not prove the existence of Bigfoot.”

He says that a body or at least a body part would go a long way, but good luck getting anyone with a reputation worth risking to look at it. “You start ignoring those calls early on in your career,” he says. In his estimation, it would take specimen after specimen to get any traction.

Stepp himself hasn’t had a Bigfoot encounter. He bases his conclusions, his belief in the creature’s existence, on the work of biologists and anthropologists he’s studied. And on personal accounts. On that 2005 field expedition with Meldrum, Stepp says a woman on the team told him she’d awoken on a solo camping trip to see an 8-foot-tall female ape-like creature with its offspring peeking from behind it, before the pair walked off in silence.

“My judgment of this woman is that she is solid,” he says. “I made that judgment as a human, not as a scientist.” He’s taken the same leap of faith with many, though not all, of the friends and acquaintances who’ve told him similar stories in confidence, discerning for himself whether they seem sane, trustworthy or susceptible to trickery.

Stepp considers himself a pretty good judge, though he admits maybe not as much so with women. Still, he says,

“Even if Bigfoot walked through the Arcata Plaza, pushed over the statue of McKinley, left a big scat pile and walked off, that still would not prove the existence of Bigfoot.”

— Richard Stepp

“You’ve always gotta watch out for hoaxes,” he says, and remember that “the crackpot realm attracts nuts.”

Some theories

he says should stay in the crackpot realm, but not many. How about ghosts? “There isn’t the slightest doubt that ghosts exist,” he says, noting the overwhelming number of testimonials from around the

world and from people he knows.

However, he doubts it can be proven since nobody knows what such entities would be composed of, so nobody knows what to look or test for. “At some point I, despite being a physical scientist, am able to put my trust in people,” he says. “It’s not everything that you can measure with an instrument.”

How about God? Maybe not the flowing-ropes-white-beard kind, but as for a greater power in the universe, “For me ... I can accept that ... the possibility of something beyond us.” ESP and telekinesis? He feels scientists are as easily tricked as a magician’s audience and it would take magicians to suss out the fakes, but he won’t dismiss the possibility out of hand.

“Any physicist would admit that there are many things we don’t understand but few physicists would admit that there are things we’ll never understand,” Stepp says. “I’m allowing for the possibility of that.”

Chem trails? “I’m dubious,” he says, smiling. Stepp doesn’t think the trails in the skies have pollutants beyond the

burning of fuels that create them and says how long the trails linger depends on atmospheric conditions with a number of variables. As he recently told someone, “I’ll read anything you give me but at this moment, I’m pretty skeptical.”

The only thing he’d rule out for sure is astrology. Sort of. While Stepp says he can’t imagine there being anything to it, he concedes that if somebody does a mathematical study of birth signs and properties of measurable human characteristics — a problematic idea in itself — well, “if their results seem statistically robust, then who am I to say no?”

The night of the lecture, members of the Bluff Creek Project, a loose group of amateurs who’ve planted motion sensor cameras around the famous site of the Patterson-Gimlin Bigfoot footage, are videotaping with plans to post the talk online. Once Stepp is done and the applause is over, he moves into the seats for a loose Q&A session. He fields questions about why photos, DNA or corpses haven’t been produced, saying he thinks DNA is the next step in evidence gathering. A young man in an olive cap suggests that Bigfoot might be the sample-gathering minion of inter-dimensional creatures, as a young woman with a twitching leg twists at her braided ponytail and nods. Shouldn’t everything be “on the table?” the man asks.

Stepp replies yes, but “baby steps first.” Nearly an hour later, the grange members and volunteers are packing up the crock pots and wrapping the last of the cornbread and cookies, but Stepp is still encircled by a handful of people in folding chairs. He’s down on his knees, hands splayed over his thighs, listening. ●



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5. Start thinning developing fruit on your fruit trees. Thin small stone fruits (apricots and plums) to one fruit every 2-4 inches. Larger stone fruits (peaches and nectarines) should be thinned to one every 4-5 inches. Apples and pears should be thinned to one per cluster and then then 6-8 inches apart. Leave the largest fruit out each cluster.

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Shaming Hot Pockets everywhere. Photo by Andrea Juarez

Cabbage Burgers

Piping hot
Nebraskan cuisine

By **Andrea Juarez**

tabletalk@northcoastjournal.com

Cabbage burgers are individual-sized, savory yeast bread stuffed with peppered beef, cabbage and onions, and they are to rural Nebraskans what sourdough is to Californians. Think calzone or empanada, rather than a typical burger. In Nebraska, these little treasures are also called cabbage buns or runzas; in the neighboring state of Kansas they are called bierocks. Regardless of the name, they make for a comforting, satisfying meal fresh out of the oven or packed to go and warmed.



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Their origins in the Midwest date back to the turn of the 19th century, when many German Russians (Volga Germans) immigrated to the U.S. and settled along the plains of Nebraska and Kansas. They shared their love of cabbage and introduced the region to cabbage burgers. Since then, the burgers have become beloved fare made at home or sold at bake sales, church fundraisers and in school cafeterias (back when our school cooks actually made food from scratch). They are similar to the German and Russian *pirozhki* and *krautburgers*, yet distinct.

Since the 1970s, the Nebraska fast-food franchise Runza has been cashing in on them, even selling them at Nebraska football games. Alas, homemade cabbage burgers still prevail in my book, and this recipe pays homage to my Nebraska roots.

Growing up, my Mexican family ate plenty. I suspect it's because the pillowy treats provided a good way to stretch a pound of ground beef. As a young girl, my mother learned how to make them from an older German woman in town. She's been making them ever since and they've now become part of our family food traditions.

This isn't a fancy recipe. It's real food for real people. The ingredients and spices are simple but the reward is mighty fine, especially dipped in some coarse brown mustard. Some of my family prefer theirs with salsa. We are Mexican, after all.

Cabbage Burgers

Don't be intimidated out of making the bread dough. There's a huge difference between homemade bread and the frozen stuff. For experienced bakers with their own favorite bread recipes, give this a try first. I've been told it is superior for cabbage burgers. It's a light bread and a perfect complement to the cabbage and ground beef filling.

If you must, substitute the from-scratch bread recipe with 2 loaves of frozen (1 pound) white bread dough, thawed overnight. Makes 8, serves 4.

For the filling:

- 1 pound ground beef (80 percent lean)
- 1 small onion
- ½ medium green cabbage, chopped small or shred
- ½ teaspoon pepper, preferably fresh ground
- ½ teaspoon salt
- Swiss or cheddar cheese (optional)

For the bread dough:

- 2 teaspoons sugar
- ¼ cup warm water
- 1 package active dry yeast (2 ¼ teaspoons)
- 2 cups flour

- ¾ cup milk
- ½ teaspoon salt
- 1 tablespoon butter
- 1 teaspoon dried herbs of your choice (optional)

To make the meat/cabbage filling:

Brown the ground beef in a large skillet with deep sides. Drain the cooked meat in a colander. Reserve 2 tablespoons of grease and add it back to the skillet. Leave the browned beef in the colander. Sauté the onions and chopped cabbage until the cabbage wilts. Return the ground beef to the skillet and season it with salt and pepper to taste. Cover and reduce the heat to simmer 5 minutes. Let it cool completely uncovered.

To make the bread dough:

Scald the milk over the stove or in the microwave, heating it to just below a boil, and let it cool to room temperature. In a large mixing bowl, add the sugar and warm water, then gently stir in the yeast. Let it stand 5 minutes without stirring any more. The mixture should bubble. Blend in the milk, salt, butter and flour. Mix well. Turn the dough out on a floured surface and knead it until it is smooth and elastic, usually about 5 to 7 minutes. It will be tacky until the gluten develops. If the dough is too tacky even after 3 to 4 minutes, add more flour by the tablespoonful and knead to incorporate. It may need 2 to 4 tablespoons of flour. Avoid adding much more and work the dough instead; that way your finished bread won't be tough. The final dough should be supple and smooth without being overworked. Set it aside.

Filling and folding the cabbage

burgers: Divide the dough into 8 equal pieces. Roll each piece out into 6- to 7-inch rounds on a lightly floured surface (they do not have to be perfectly round). Add ½ cup of the cabbage mixture to the center of each. Add a thin slice of cheese on top of the cabbage mixture, if desired. Fold the dough into rectangles about 5 inches long by 3 ½ inches wide by overlapping opposing sides of the bread dough in the middle, like wrapping a present. Then fold over the sides, pinching the seams to avoid leaks. On a greased baking sheet with low edges, carefully place the cabbage burgers seam side down. Cover them with a dish towel and let stand for at least 30 to 45 minutes in a warm location, allowing the bread to rise.

Bake in a 375 F oven for 20 minutes or until golden brown on top and underneath. Serve hot.

●
Andrea Juarez has additional recipes on her food anthropology blog ForkFingersChopsticks.com.



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Dead Men's Tales

At Redwood Curtain and HSU

By Pat Bitton

frontrow@northcoastjournal.com

Gary Sommers, Sam Greenspan and Bernadette Cheyne share an awkward family moment.

Courtesy of Redwood Curtain Theatre

The story behind Terrence McNally's 2014 play ***Mothers and Sons*** first emerged in the playwright's 1988 film *André's Mother*, in which Katharine Gerard, the eponymous mother, meets Cal, André's lover, at the memorial service for her son.

Fast forward a couple of decades (McNally took a little creative license with the passage of time) and Cal (Gary Sommers) is now a successful money manager, married to husband Will (Sam Greenspan), who's 15 years his junior, and father to 6-year-old Bud (Benjamin Smith). But the past is about to be revisited upon the family in ways that none of them could have imagined when Katharine (Bernadette Cheyne) arrives on their doorstep.

Katharine is very much a woman of her time. She married a man she didn't love to escape her Long Island childhood home, and never really understood or accepted her son's life ("He was not gay when he came to New York"). She's looking to Cal for something, but doesn't have the vocabulary or the cultural context to navigate a family of two husbands and a child. Cal, confused, frustrated and drawn back down a memory lane he thought he'd left behind, has no idea how to respond. Will retreats into a stereotype of the politically correct millennial gay man, which highlights the couple's age difference as much as the cultural chasm between Will and Katharine.

Bernadette Cheyne delivers an almost pitch-perfect portrait of a lost, scared woman who has been playing the part of loyal wife and mother all her life and now finds herself with nothing to define

her. Gary Sommers' performance as Cal is heart-wrenching its conveyance of the terrible losses of the AIDS epidemic and the overwhelming joy of becoming the parent he never thought he could be. Sam Greenspan is wonderfully spiky as he pokes and prods at Katharine, mocking her in a game of competitive snobbery while confronting the fact that he's once more competing with the ghost of André. Benjamin Smith as Bud is a natural, shining a light into the darkness of the story and reminding us of the restorative powers of milk and cookies.

The scene and lighting design by Jared Sorenson make excellent use of Redwood Curtain's sometimes challenging space, and Kristin Mack's sound design sets the mood with appropriate selections like "Anything Goes." Director Jyl Hewston skillfully guides the strong cast on a rollercoaster ride through anger, sadness, loss and, ultimately, hope for the future. It is a challenging piece, running an hour and 45 minutes with no intermission, but the cast and crew more than rise to that challenge. Highly recommended.

Mothers and Sons plays at Redwood Curtain Theatre through May 8. Call 443-7688 or visit www.redwoodcurtain.com.

Sarah Ruhl wrote a play in fourth grade that took the form of a courtroom debate between an isthmus and an island. This is a good indicator of the kind of mind-bending journey Ruhl takes us on in the Humboldt State University production of her 2007 ***Dead Man's Cell Phone***. Suspension of the "normal" concepts of time and place — not to mention life and death — are a prerequisite. But don't let that put you off — the piece is

part Greek drama, part Lewis Carroll and wholly engrossing from beginning to ... what? Certainly not a finite end.

The play opens with Jean (Stephanie Lemon) and Gordon (Anthony De Page) at separate tables in an otherwise deserted café. Jean is finishing a bowl of soup (the significance of which becomes apparent later) and Gordon appears to be quietly reading. His cellphone rings. And rings. And rings. He doesn't answer or even acknowledge it. Eventually, an irritated Jean marches over and demands he answer it. Still no response. At which point, she realizes he never will because he's dead. And we have already begun to suspend our disbelief, because the call does not go to voicemail.

So, we're not surprised when Jean answers the phone. We're not surprised when she takes messages for a dead man. We're not surprised when she shows up at Gordon's funeral and starts a conversation with his mother, Mrs. Gottlieb (Constance Hill). We're not surprised when she accepts an invitation to dine with Mrs. Gottlieb, her other son Dwight (Jesse Benefiel) and Gordon's widow Hermia (Madison Burgett-Feagin). But we're full-on intrigued when she arranges a meeting with Gordon's mistress (Caitlin Hatfield). With every conversation, she builds a more fantastical backstory that somehow gives everyone what they want emotionally, without any basis in fact. This is the essence of Ruhl's premise: Our cellphones have so disconnected us from reality, we no longer comprehend the difference between the cyberworld and the real world, the private and the public.

The all-student cast delivers a master-

ful performance under Michael Thomas' direction, moving effortlessly between soliloquies, intimate tête-à-têtes and ensemble pieces. Lemon is an assured guide, drawing us along with her as she surprises herself as well as the audience with her decisions. Burgett-Feagin, Benefiel and Hill are by turns frightening and intriguing as the Greek chorus of a family. DePage skillfully draws us into Gordon's limbo world, injecting facts that threaten to unravel our collective fantasies, and Hatfield toys with us artfully in her quest to be remembered as Gordon's one true love. In addition to the actors, the production design, lighting and sound teams, as well as the countless other behind-the-scenes individuals, can all be proud of their work on this production.

What are you going to do next time you hear a cellphone ringing and ringing and ringing?

Dead Man's Cell Phone plays at Humboldt State University's Gist Hall Thursday, April 28 through Saturday, April 30 at 7:30 p.m., with a 2 p.m. matinee on Sunday, May 1. Visit www.hsustage.blogspot.com.

Continuing

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CAFE MOKKA 822-2228 495 J St., Arcata			Good Company (Celtic) 8pm Free		
CENTRAL STATION 839-2016 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Backstreet Band (rock) 9pm Free	Blue Rhythm Revue (R&B, funk) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free				[M] Savage Henry Stand up Mondays 9pm Free [T] Open Mic w/Mike 7pm Free [W] Karaoke 9pm Free
ELDBROOK MARKET & EATERY 4636 Elldbrook Road, 839-0521		Friday Night Music w/Roland Rock (surf rock) 7:30pm Free	Acoustic Night Saturdays 6pm Free		
HUMBOLDT BREWS 856 10th St., Arcata 826-2739		The Trouble (roots-rock) 9:30pm \$5	Soul Night #54 9pm \$5	Natural Vibrations (reggae) 9pm \$15	[W] Cody Jinks (outlaw country) 9pm \$15
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928	Gist: <i>Dead Man's Cell Phone</i> (theater) 7:30pm \$10, \$8 seniors, HSU students free	KBR: <i>Queer Battle of the Bands</i> (live bands) 7pm TBA Gist: <i>Dead Man's Cell Phone</i> (theater) 7:30pm \$10, \$8 seniors, HSU students free Fulkerson: HSU Symphonic Band 8pm \$8, \$5, children/HSU students free	Gist: <i>Dead Man's Cell Phone</i> (theater) 7:30pm \$10, \$8 seniors, HSU students free Van Duzer: <i>Masters of the Steel Drum</i> & HSU Calypso Band (percussion) 8pm \$28, \$10	Gist: <i>Dead Man's Cell Phone</i> (theater) 2pm \$10, \$8 seniors, HSU students free Fulkerson: Madrigal & MRT Singers 8pm \$8, \$5, children/HSU students free	



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Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 4/28	FRI 4/29	SAT 4/30	SUN 5/1	M-T-W 5/2-4
THE JAM 915 H St., Arcata 822-4766	Babes for Bernie (Chachi Hands, Venus Milk, Belles of the Levee, The Lost Luvs) 9pm Donation			Ultramafic, Rogues Gallery, Lord Ellis (heavy rock, metal) 1pm-5pm \$5 DGS Sundaze (EDM DJs) 9pm \$5	[M] More VibeZ MOnday 9pm TBA [T] Savage Henry Comedy 8pm \$5 [W] Jazz Night 6:30pm The Whomp (DJs) 9pm \$5
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (piano jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596					[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				Josephine Johnson (singer/songwriter) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		The Bump Foundation (funk, soul, groove) 9pm Free	Flock of Foreigners 9pm Free	Potluck (food) 6pm Free	[T] Open Irish Music Session 8pm Free [T] Kali Quinn (spoken word) 8pm Free [T] The Low Notes (jazz) 6pm Free [W] Pints for Non-Profits: Humboldt Homebrewers All day Griddlecakes 6pm Free [T] Human Expression Open Mic 7pm Free [M] Dancehall Mondayz w/Rudelson 8pm \$5
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	Fred & Jr. (swing jazz) 6pm Free	Redwood Ramblers (classic country covers) 6pm Free	Sissy Brown (outlaw country) 6pm Free	You Knew Me When (indie folk-rock) 6pm Free	
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic w/Jeremy Bursich 7pm Free			
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	Fickle Hill Band (jam rock) 8pm Free		Firesign (folk, pop, indie) 7pm Free		
RICHARDS' GOAT TAVERN 401 I St., Arcata 630-5000		Divine Intervention w/Anita Lemonparty and Charlie Darling 9pm \$5 Joanne Rand CD Release Concert 8pm \$10-\$20 sliding	Divine Intervention w/Anita Fabulouosa and Charlie Darling 9pm \$5	Karaoke 9pm Free	[T] Salsa Night with DJ Pachanguero 9:30pm Free
THE SANCTUARY 1301 J St., Arcata 822-0898		DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIDELINES 732 Ninth St., Arcata 822-0919	Thursday Night Bluegrass (folk, bluegrass) 8pm Free	Sissy Brown & Abraham & The Old Gods (alt. country) 9pm Free	DJ J Dub 2pm-7pm	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 7:30pm Free [M] Anemones of the State (jazz) 5pm Free [T] Bomba Sonida w/DJ Gabe Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville					
SUSHI SPOT 839-1222 1552 City Center Rd., McKinleyville					
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda 10pm Free	DJ Ray 10pm Free		
WESTHAVEN CENTER FOR THE ARTS 501 S. Westhaven Drive 677-9493			Ashley Flynn (bluegrass, folk, country) \$120-\$15 sliding	Member Show Opening Reception 1pm-4pm Free	

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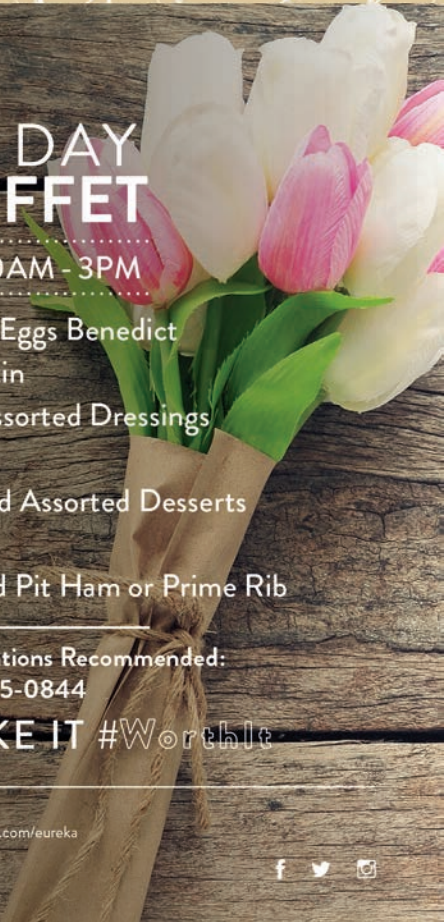
Music & More

EUREKA & SOUTH

Arcata and North on previous page

Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 4/28	FRI 4/29	SAT 4/30	SUN 5/1	M-T-W 5/2-4
BANANA HUT 621 Fifth St., Eureka 443-3447		Latino Night at Banana Hut w/ DJ Pachanguero 10pm Free			
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Casey 8pm Free	Jenni and David & The Sweet Soul Band (blues) 9pm Free	The Backstreet Band (rock) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFE 201 Second St., Eureka 443-9514		Live Music 6pm Free	Live Music 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EMPIRE LOUNGE 415 Fifth St., Eureka 798-6498			Luniz w/DL Downer (hip-hop) 7pm \$25		[W] Wet & Wild Wednesdays w/ RhymzWthOrnge 8pm \$10
EUREKA INN 518 Seventh St., 497-6093	Brian Post & Friends (jazz) 6pm Free Ultra Secret (funky jazz) 9pm Free	Aloha 808 5:30pm Free Bradley Dean (country rock) 9pm Free	Psychedelvis, The Goodtime Rounders (Elvis jam band, outlaw country grass) 9pm Free <i>Purple Rain</i> (film) 7:30pm \$5		[T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
FERNBRIDGE MARKET 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
RIDGETOP CAFE 786-3900					
GALLAGHER'S RISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free			
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Karaoke w/DJ Will 9pm Free		
MATEEL COMMUNITY CENTER 59 Rusk Ln, Redway 923-3368			Artists of the Emerald Coast 3pm-8pm \$10-20 sliding scale		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 7pm Free				



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TIP TOP

The Dustbowl Revival plays Sunday, May 1 at 8 p.m. at the Arcata Playhouse.



VENUE	THUR 4/28	FRI 4/29	SAT 4/30	SUN 5/1	M-T-W 5/2-4
THE OLD STEEPLE 246 Berding St., Ferndale 786-7030			The Travel Show w/Jeff DeMark, the Fabulous Gila Monster Band and others 7:30pm \$12, \$10 advance		
PEARL LOUNGE 507 Second St., Eureka 444-2017	DJ Pressure w/guest 9pm Free	Selecta Arms (DJ music) 10pm Free	DJ Pressure 10pm Free		
PERSIMMONS GALLERY 1055 Redway Dr., Redway 923-2748	Paul Turner with Gayle and Michell Forner (Gypsy jazz) 7:30pm Free	Live Music TBA 7:30 Free			[W] Open Mic 7:30pm Free
SHAMUS T BONES 191 Truesdale St., Eureka 407-3550			Saturday Night Life (DJ music) 10pm Free	Salsa Night w/DJ Pachanguero 9:30pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Vinyl Tap (listening party) 6pm Free	Phantom Wave presents: The Haunt 9pm Free			[T] Open Mic Night 7pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			[M] Hugh Gallagher (folk, country) 6pm Free



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Every Song Tells a Story

By Andy Powell

thesetlist@northcoastjournal.com

In a sense, all songs are stories; the ones with lyrics are little more explicit (sometimes), but even instrumental music shares something about the human experience. In many cultures — I'm guessing — songs and music are more clearly understood as a vehicle for a story. That's not to say that we don't understand that link here in the good ol' U.S. of A., but perhaps it's just that with the amount of pop crap saturating the airwaves it's easy for us to ignore the massive volume of stories that rarely say anything.

On a recent Sunday afternoon I had a chance to sit down over some whiskey with a local songwriter/storyteller/Badger fan **Jeff DeMark**, who is very clear about songs being synonymous with stories. His lawnmower was still warm as I showed up for our interview (I don't remember asking any questions). My primary concern regarded his show with **The Gila Monsters** on Saturday (more below), but what I found most interesting was his assertion that everyone has a story, or rather, a lifetime of stories.

Not every one is thrilling or dramatic, but just by the nature of us running out of time on this floating orb, our experiences simultaneously connect us and separate us from our fellow floaters. No matter how many boxes or stereotypes you think someone fits — from the cowboy hat wearin' Fortuna-ite, to the tie-dye rockin' Arcata-ite — each person is unique and more three-dimensional than we might first imagine. The stories we have, in our hearts or in our minds, are ours and ours alone. And music is a great way to share those stories.

At risk of ruining one of Jeff's tales: He and some of his fellow "hipsters" from Wisconsin took a journey many years ago out to New York City in search of someone — who? You'll have to ask him. The friends find themselves in traffic in a yellow cab, where, through the window they see another yellow cab with Allen Ginsberg in the back. Unrolling the window quickly, Jeff's friend Jack yells out to Allen, who rolls down his window.

"Where are you boys from?" The Cool One says.

"We're hipsters from Wisconsin!" says Hipster Jack.

"What are you looking for?" Gins says.

"We're looking for stardom!" Jack retorts.

"You want stardom? Look inside your heart," says Ginsburg, who then turns left and rolls off into what I imagine was a sunset.

There's more in our hearts than we'll ever know.

Friday

If there is one brand that has the Midas Touch, it is undoubtedly the Star Wars® franchise, which turns any lunchbox, t-shirt or ringtone into gold. For the record — and as a three-decade fan — I have no problem with that, and I'm glad that **The HSU Symphonic Band** will be golden at the Fulkerson Recital Hall at 8 p.m. The band will perform the original *Star Wars Suite* and, in addition to space music, you'll be treated to a world premiere by HSU professor/composer Brian Post. \$8 for the performances, and may the Force be with you.

Countless emails alert me to the fact that **Joanne Rand** will be releasing her 15th album at The Sanctuary in Arcata. Touring nationally for more than 30 years, Joanne surrounds herself with a lineup of eminently talented local musicians (Tim Randles, Rob Diggins, and Piet Dalmolen). Catch 'em all at 8 p.m. with a \$10-\$20 sliding scale.

Local DJs — and Deep Groove Society Alum — **Marjo Lak, Basstard**, and **Baggà Dönüts** join bass-obsessed **Christian Martin** at the Arcata Theatre Lounge. Bring \$20 for this 9 p.m. show and get ready to groove.

The Trouble will be at Humboldt Brews at 9:30 p.m. Bring \$5 to hear the local barroom rockers.

Saturday

As mentioned above, **Jeff DeMark & The Gila Monsters** are putting on *The Travel Show* at The Old Steeple in Ferndale tonight at 7:30 p.m. There will be music provided by said Monsters (Talking Heads, Bob Dylan, and original songs) and five storytellers sharing personal stories with the common thread of "travel." The show is an analog special — it's personal stories, human connection, laughs and



Jeff DeMark and the Gila Monsters play Saturday, April 30 at 7:30 p.m. at the Old Steeple.

Photo courtesy of the artist

deep feeling," DeMark says. "People have walked out of these shows telling their own stories and that's what it's all about." We've all got stories, some of us are brave enough to share them. If you've got \$12 and you're lucky, you can find out who Jeff was looking for in NYC.

At the Bayside Grange at the same time you'll find **Kenny Ray & The Mighty Rovers** playing "roots country, honky tonk and big band swing music" to benefit the Bayside Grange Kitchen Fund. Dinner is ready at 6:30 p.m. and \$8 will get you in the door.

For Celtic music, head over to Cafe Mokka at 8 p.m. to catch **Good Company**. This show's free and all ages.

Local reverb-space rockers **White Manna** will be your rocket ship at The Alibi. The band is joined around 11 p.m. by Oakland "vape rockers" **Life Coach**. \$5 gets you in the door.

Sunday

Local promoter/man of mystery Ian Hiler tells me that there will be a special early show at The Jam in Arcata. At 1 p.m. you can hear local bands **Rogue's Gallery** (Macktown stoner metal), **Lord Ellis** (Humboldt heavy rock) and **Ultramafic** (Eureka instrumental doom). It's all ages — whose children don't love heavy-stoner-doom-rock? — and only \$5. So you can show your kids what Mommy and Daddy are into and skip the babysitter.

Local songwriter **Josephine Johnson** will be at the Lighthouse Grill in Trinidad for free at 5 p.m.

And just an hour later you'll find out-of-towners (and micro-brewery lovers) **You Knew Me When** at the Mad River Brewery Tasting Room for free. This duo blends a "singer songwriter soul with a pop/rock mentality," which I imagine goes well with a DIPA.

With a few more members, **The Dust-bowl Revival** plays the Arcata Playhouse at 8 p.m. The Venice, California-based "American roots orchestra" with eight members features guitar, ukelele, mandolin, fiddle, trumpet, trombone, bass and drums. Apparently the *LA Weekly* (kind of like the *NCJ* of SoCal) dubbed the band the *Best Live Band* in L.A., so that's nothing to shake a banjo at. \$18 for these SoCal award winners.

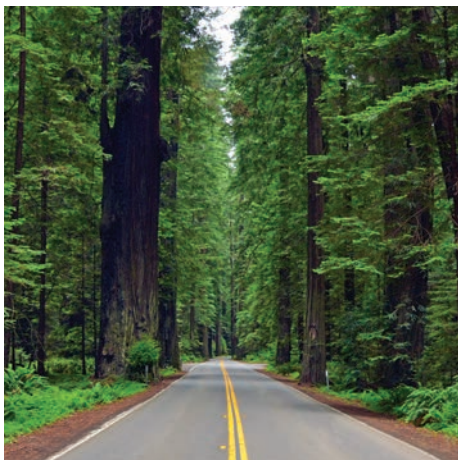
Natural Vibrations — a.k.a. Natural Vibes, or Natty Vibes, or Natty V, or N Vibes, or Natural Vibrations — is at Humboldt Brews. From the windward side of Oahu (not to be confused with the hacks from the leeward side) this roots/reggae/rock/pop band has been jamming away since '96 and has had the honor of sharing the stage with the now universally missed artist known as Prince. 9 p.m. showtime with a \$15 cover charge.

Full show listings in the *Journal's* Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

Andy Powell is a congenital music lover and hosts *The Night Show* on KWPT 100.3 FM weeknights at 6 p.m. He likes floating.

Calendar

April 28 - May 5, 2016



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The **Avenue of the Giants Marathon** (Rio Dell) winds its beautiful way through the tall trees **Sunday, May 1** starting at **7:30 a.m.** (free to watch, \$90, \$80, \$60 to run). Cheer on the runners as they trot the marathon, half-marathon and 10K.



Jennifer Fumiko Cahill

Eureka's **Rhododendron Parade**, now in its 51st year, celebrates the colorful bloom **Saturday, April 30** at **10 a.m.** in the **Henderson Center** area (free). Grab your chair and stake your spot as marching bands, horses, antique cars and more make their way east on Seventh Street, south on H Street and west down Henderson Street, ending behind the Eureka Mall.



Courtesy of the Northcoast Regional Land Trust

Take a stroll in a "wild and working landscape" at the **Nature Trail Grand Opening at Freshwater Farms Reserve** on **Sunday, May 1** from **1 to 5 p.m.** (free). Watch landscape artists paint the surroundings, groove to Thursday Night Bluegrass and Josephine Johnson and eat locally produced food at the community potluck.



Purple Rain

Dig, If You Will, the Picture

Before their time, it seems, the purveyors of the soundtracks of our lives are parting ways with us, leaving legions of broken hearts. This past week, we lost another great: The Purple One. His Royal Badness, Prince. Like Bowie, Prince leaves behind a few celluloid impressions, including 1984's **Purple Rain**, showing **Saturday, April 30** at the **Eureka Theater** at **7:30 p.m.** (\$5). As a film for film's sake it's pretty bad (skinny-dipping Apollonia notwithstanding), but as a showcase of its star's charisma and musical genius — "When Doves Cry," "Let's Go Crazy," "I Would Die 4 U" and the title track, "Purple Rain" — it is solid gold.

Sporting the original puffy shirt and a flowing purple coat, the 5-foot-2-inch Prince cuts an impressive figure as The Kid, a rising musician trying to make his mark amid personal and professional struggles, and win the heart of a beautiful singer. With curly black hair, sideburns and eyes so pretty you forget all notion of gender, Prince sings, squeals and sexes his way through 111 minutes of semi-autobiographical spectacle. **Purple Rain**, at its well-tailored heart, is quintessential rock 'n' roll: ambitious, angry, wounded and seeking redemption.

Hop onto the back of his bike and go riding down memory lane. If you miss it this time, catch it at the **Arcata Theater Lounge** on **Friday, May 20** at **8 p.m.** (\$5).

— Kali Cozyris



Photo by Mark McKenna

Can It

It has its own museum, it spawned an infamous Monty Python sketch/song (and subsequent musical), and has been added to tech vernacular to mean an unwanted abundance of junk email. You know what we're talking about: SPAM, of course. SPAM, SPAM, lovely SPAM! It's preserved so well in the annals of history (and in its tin can), that it'll remain a staple of kitchen cupboards everywhere for eons. So why shouldn't it have a cook-off in its honor? Exactly. The processed pork product beloved in Hawaii and Guam (and stateside in bomb shelters and beyond) has its day at the **Spamley Cup Cook-off at Redwood Fields** on **Sunday, May 1** from **1 to 4 p.m.** (\$10, free for kids under 12).

You mean there's more to eating SPAM than just frying it up and laying it between two pieces of white bread? Oh yeah. Get ready for sushi, "spal-mari," tamales, enchiladas, pizza and more. Local Joes and top chefs roll up their sleeves to compete for best dish using the salty slab of meat. Dishes are judged on amount of SPAM used, presentation, creativity and taste, with the winner receiving accolades, a cash prize and the regal Perpetual Spamley Cup Trophy. In addition to creative and tasty eats, the event features a raffle, silent auction, live music and kid-friendly games, all benefitting Humboldt CASA.

So get out there, rain or shine, and get piggy with it.

— Kali Cozyris

28 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

LECTURE

Alternative Transportation Fuels. 5:30-7 p.m. Founders Hall 118, Humboldt State University, Arcata. Kevin Finger-man and Jerome Carman present "Guiding Northwest California Towards Alternative Transportation Fuels: A Roadmap to 2020 and Beyond." Free. serc@humboldt.edu. 826-4345.

THEATER

Deep End of the Fool. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Dell'Arte's students put on comic characters in duos and trios. Call or go online to reserve tickets. www.dellarte.com. 668-5663 ext. 5.

Dead Man's Cell Phone. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A young woman answers the cell phone of a stranger she soon realizes is dead in this comic love story by Sarah Ruhl. Michael Thomas directs. \$10, \$8 seniors, HSU students free (limited seating). www.HSUStage.blogspot.com.

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. A woman pays an unexpected visit to her late son's partner, who is now married with a young son. \$10-\$20.

EVENTS

California Blacksmith Assn. Spring Conference. -May 1. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. "A Gathering of California Masters" with demonstrations by nationally known blacksmiths, workshops and lectures. TBA. 786-4216.

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. The MultiCultural Center's annual celebration of the queer community. This year's theme is: "Theory in the Flesh: Celebrating Queer People of Color."

FOR KIDS

Hora de Cuentos en Espanol. Fourth Thursday of every month, 11 a.m.-noon Fortuna Library, 753 14th St. Libros en espanol, arte y arte, y bocadillos. Evento gratis para todos edades. A new monthly storytime in Spanish for all families, hosted by Fortuna Library and Head Start, includes free snacks and crafts. Free. forhuml@co.humboldt.ca.us. 725-3460.

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. Fortuna Library presents a weekly Thursday morning storytime. Free. forhuml@co.humboldt.ca.us. 725-3460.

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

GARDEN

Growing Cities. 5:45-8 p.m. Jefferson Community Center, 1000 B St., Eureka. A film about producing food with limited space, such as backyard and community gardens, raising animals and bees and more. Spanish interpretation and subtitles provided. Free. debbiep@nrsrca.org. www.northcoastgardens.org. 707-269-2071.

Eureka Rhody Meeting. 7 p.m. Eureka Woman's Club, 1531 J St. Don Wallace speaks on "Hybridizing for Begin-

Continued on next page »

College of the Redwoods' **26th Annual**
PLANT SALE 2016

Noon–6 pm **Friday April 29**
10 am–6 pm **Saturday April 30**

- Annuals
- Perennials
- Vegetables
- Culinary Herbs
- House Plants
- Succulents
- Landscape
- Apple Trees

Follow signs to the sale.

Refreshments will be served.

Proceeds support the CR Agriculture Program

COLLEGE OF THE REDWOODS
7351 Tompkins Hill Rd., Eureka

EPIPHANY ARTISTS PRESENTS THE 23RD ANNUAL SUMMER SOLSTICE & WORLD PEACE CELEBRATION

SIERRA NEVADA WORLD MUSIC FESTIVAL

TOOTS & THE MAYTALS * BERES HAMMOND * ALPHA BLONDY
DON CARLOS * COCOA TEA * ISRAEL VIBRATION * LEE 'SCRATCH' PERRY
RICHIE SPICE * INNER CIRCLE * TANYA STEPHENS * PABLO MOSES
CÉU * ETANA * NEW KINGSTON NO-MADDZ * FORTUNATE YOUTH
ALAINÉ * MELLOW MOOD * MORE ARTISTS TBA! IN THE DANCEHALL JAH SHAKA

LINEUP AS OF 04/07 SUBJECT TO CHANGE

3 DAY MUSIC TICKETS \$175 - AVAILABLE ONLINE OR VIA MAIL ORDER
ON SITE CAMPING CAR/SUV \$80; BUS/RV \$225 - ONLINE

TICKET OUTLET **HARVEST MARKET** 171 BOATYARD DRIVE * FORT BRAGG, CA

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Calendar

Continued from previous page

ners." Refreshments served. Questions: 443-1291. Free. www.eurekawomansclub.org.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Queer Speed Friending. 6 p.m. Goodwin Forum, Humboldt State University, Arcata. A space to engage with other Queer and allied students in collaboration with cultural centers on campus. Snacks and refreshments will be provided. Free.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Center-ville Road, Ferndale. Tour the 150-year-old home of pioneers Joseph and Zipporah Russ, listed on the National Register of Historic Places. \$10. info@ferncottage.org. www.ferncottage.org. 786-4835.

29 Friday

BOOKS

Book Sale. 10 a.m.-5 p.m. Eureka Main Library, 1313 Third St. Friday is for Friends of The Redwood Libraries members only (memberships \$5). The sale includes fiction, nonfiction, children's books, records, audiobooks and more. www.eurekafrl.org.

DANCE

Dream Quest's Swing Concert, Dinner and Dance. 6-9 p.m. Willow Creek VFW Hall, 20 Kimtu Road. Raffle, auction, food and dance with the College of the Redwoods Jazz Orchestra. Dance lessons from 6-7 p.m., music from 7-9 p.m. Dinner 6-8 p.m. additional cost. \$5, \$3.

World Dance. 8 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances at 8 p.m., and request dances at 9 p.m. For more information, email g-b-deja@sbcglobeal.net. \$3. www.stalbansarcata.org. 839-3665.

MOVIES

Divine Intervention. 9 p.m. Richards' Goat Tavern & Tea Room and Miniplex, 401 I St., Arcata. Local drag queens Anita Fabulosa and Charlie Darling provide live comedic commentary during a showing of the cult classic *Pink Flamingos*. 21 and up. \$5. www.richardsgoat.com.

Return of the River Film Screening & Discussion. 12-1:30 p.m. Library Fishbowl, Humboldt State University, Arcata. This documentary is about the Elwha River in Washington State and its dam removals and river restoration. Kerri Malloy from HSU's Native American Studies facilitates. Free. kw1@humboldt.edu. 826-5656.

MUSIC

Christian Martin. 9 p.m. Arcata Theatre Lounge, 1036 G St. With Bastard, Baggadonuts and Marjo Lak. Sound by Bass Craft and visuals by Marmalade sky. \$20, \$15 advance. www.arcatatheatre.com.

HSU Symphonic Band: Star Wars and More. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. John Williams' original *Star Wars Suite*, world

premiere piece by Brian Post, Copland's *Promise of Living*, Grondahl's *Trombone Concerto*, and works by Darius Milhaud and Percy Grainger. \$8, \$5 seniors, children/HSU students free. HSUMusic.blogspot.com.

Joanne Rand CD Release Concert. 8 p.m. The Sanctuary, 1301 J St., Arcata. An evening of music with the singer-songwriter plus violinist Rob Diggins, pianist Tim Randles and guitarist Piet Dalmolen. Rand's 15th CD release will benefit The Sanctuary. \$10-\$20 sliding. 822-0898.

Queer Battle of the Bands. 7 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Hosted by the Eric Rofes Multicultural Queer Resource Center partnering with the MultiCultural Center as a part of Q-Fest.

THEATER

Bat Boy the Musical. 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. An adults-only rock musical inspired by *The Weekly World News*. \$18, \$16 students/seniors 60-plus. info@ferndalerep.org. www.ferndalerep.org. 786-5483.

Deep End of the Fool. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 28 listing.

Dead Man's Cell Phone. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 28 listing.

Mad Cap Variety. 7 p.m. Arcata Playhouse, 1251 Ninth St. The Playhouse Family Fun Series presents Portland performers Rhys Thomas, Leapin Louis Lichtenstein and Shohorn in a show of jazzy juggling, cowboy comedy and a tap dancing saxophone player for families and kids. \$12, \$10 kids 12 and under. www.arcataplayhouse.org.

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 28 listing.

EVENTS

California Blacksmith Assn. Spring Conference. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See April 28 listing.

California Native Plant Society Wildflower Show. 1-5 p.m. Manila Community Center, 1611 Peninsula Drive. An exciting, annual gathering of wildflowers (both native and non-native) and people who love them. Free. smayklein@gmail.com. www.northcoastcnps.org. 822-2015.

Cash Bash 2016. 5:30-11 p.m. St. Bernard's Catholic School, 222 Dollison St., Eureka. Dinner for two, no-host bar, live auction, promotional casino gaming, raffles and cash prize drawings with a chance to win \$10,000. \$135. cashbash@saintbernards.us. 407-8476.

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. See April 28 listing.

FOR KIDS

Preschool Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. Enjoy rotating storytellers every Friday morning, for ages 2-5 and parents. Free. forhuml@co.humboldt.ca.us. 725-3460.

Rio Dell/Scotia Playgroups. Early Head Start, 50 Center St., Rio Dell. Playgroup for children 0-5 and their parents and caregivers. Padres y Cuidadores de Niños de 0-5 años de edad, por favor llévenlos al El Playgroups. 764-5239.

GARDEN

Hospice Plant Sale. 9 a.m.-5 p.m. Redway Feed Garden Party, Briceland Road. Pick up beautiful flowers and vegetable starts for your garden. Benefits Heart of the Redwoods Community Hospice.

Plant Sale. 12-6 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Annuals, perennials, vegetables, succulents, culinary herbs, house plants and landscape plants available at the CR greenhouse.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race.

www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

ETC

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Center-ville Road, Ferndale. See April 28 listing.

30 Saturday

ART

Art Market. Last Saturday of every month, 9 a.m.-1 p.m. Creamery District, 1251 Ninth St., Arcata. Grab a coffee and a snack and peruse art, crafts, furniture, clothing and more in the open air. CreameryInfo@Gmail.Com. www.creamerydistrict.org/art-market. 822-1575.

BOOKS

Book Sale. 10 a.m.-3:30 p.m. Eureka Main Library, 1313 Third St. See April 29 listing.

Independent Bookstore Day. 10 a.m. Northtown Books, 957 H St., Arcata. Celebrate with mimosas, doughnuts, a coloring contest and trivia games. www.indiebook-storeaday.com.

COMEDY

Random Acts Of Comedy. 8 p.m. Arcata Theatre Lounge, 1036 G St. Hilarity. Ages 10 and up. \$6. 822-1220.

DANCE

Community Dance. 6:30 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Dance to Kenny Ray & the Mighty Rovers at this benefit for the Bayside Grange. Beverages, dinner and snacks available for purchase, music starts at 7:30 p.m. \$8, \$5, free for kids under 12. admin@baysidegrange.org. 822-9998.

Father/Daughter Dance. 5-7 & 8-10 p.m. Eureka Woman's Club, 1531 J St. Dance to the DJ Sumner Gaxiola, enjoy refreshments and receive a complimentary color photo. Benefits Redwood Coast Montessori Playground Fund and Big Brothers and Sisters of the North Coast. \$30 couple; \$10 additional daughters; \$50 max. www.eurekawomansclub.org. 513-6966.

Free the Beasts. 8 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The fourth annual local choreographers showcase featuring contemporary, aerial, groovy modern, belly dance and more. Tickets at Threadbare Dancewear, Wildberries Marketplace and at the door. \$10, \$8 students/seniors, \$5 kids. www.RedwoodRaks.com. 616-6876.

LECTURE

Story Catchers of Southern Humboldt. 2-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Join Jerry Rohde for a presentation about the Indians of southern Humboldt County and the people who told and recorded their stories. Free. www.clarkemuseum.org. 360-5736.

MOVIES

Divine Intervention. 9 p.m. Richards' Goat Tavern & Tea Room and Miniplex, 4011 St., Arcata. See April 29 listing.

Purple Rain. 7:30 p.m. Eureka Theater, 612 F St. If you know what I'm singing about up here - C'mon, raise your hand ... Join with others mourning the loss of one of the greats. \$5. www.theeurekatheater.org.

MUSIC

Masters of the Steel Drum. 8 p.m. Van Duzer Theater, Humboldt State University. Steel drum virtuosos Clifford Alexis, Liam Teague and Josanne Francis unleash tropical sounds backed by Humboldt State's Calypso Band. \$28, \$10. www2.humboldt.edu/centerarts/home.

Ashley Flynn. 7:30 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Portland-based singer-songwriter performs bluegrass, country, folk and indie rock.

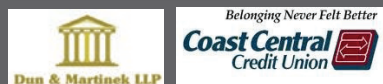
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Second Chances Teen Court 15th Anniversary Fundraiser/Raffle

Saturday May 7 • 6-9 pm
Old Town Coffee & Chocolates
211 F St., Eureka

Major underwriting provided by
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Juvenile Justice Delinquency Prevention Commission
Law Offices of Dan Olson Wilkinson
Harland Law Firm LLP



Harry Belafonte • The Head and The Heart
Neko Case / k.d. lang / Laura Veirs
Trampled By Turtles • The Wood Brothers
Dave Alvin and Phil Alvin with The Guilty Ones
Ruthie Foster • Chris Smither • Elephant Revival
Calexico • Nicki Bluhm & The Gramblers
The Mike + Ruthy Band • Joe Craven & The Sometimers • Eric Bibb
Eilen Jewell • Linda Tillery & The Cultural Heritage Choir
Laurie Lewis & Tom Rozum • Mollie O'Brien & Rich Moore
Las Cafeteras • Danny Click & the Hell Yeahs! • The Coffis Brothers
Blame Sally • Poor Man's Whiskey • The Brothers Comatose
Jack Tempchin • Carolyn Wonderland • Achilles Wheel • Clan Dyken
Mendocino Quartet • Gene Parsons and David Hayes • + more

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Bee Fest 2016
Friday & Saturday, May 6 & 7, 2016

at the Bayside Grange, on Old Arcata Road

May 6, Friday, 7pm, lecture plus movie
Learning to Love the Other Bees-Insights on the
Native Bees of California, lecture by Michael Mesler
May 7, Saturday 11-5
Workshops. HoneyBee Market, beecraft,
Bee Art Contest Exhibit, raffle, food and live music
by Fingal, Mon Petit Chou and SqueezeBug!

Free Admission
Live Hives
Info Booth
Free Seeds
Local Beekeepers
Native Plants
Live Music
Silent Auction
Workshops!

Humboldt BeeFest on Facebook

Calendar

Continued from previous page

\$10-15 sliding scale. 845-7285.

The Travel Show. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Stories, songs and sit-down comedy with Jeff DeMark, the Fabulous Gila Monster Band and others. \$12, \$10 advance.

THEATER

Bat Boy the Musical. 8-10:30 p.m. and 2-4:30 p.m. Ferndale Repertory Theatre, 447 Main St. See April 29 listing.

Deep End of the Fool. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 28 listing.

Dead Man's Cell Phone. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 28 listing.

Mad Cap Variety. 2 & 7 p.m. Arcata Playhouse, 1251 Ninth St. See April 29 listing.

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 28 listing.

EVENTS

Artists of the Emerald Coast. 3-8 p.m. Mateel Commu-

nity Center, 59 Rusk Lane, Redway. Annual showcase of local fine art, wine and music. www.mateel.org.

California Blacksmith Assn. Spring Conference. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See April 28 listing.

California Native Plant Society Wildflower Show. 10 a.m.-5 p.m. Manila Community Center, 1611 Peninsula Drive. See April 29 listing.

A Choice Affair. 5:30 p.m. Baywood Golf & Country Club, 3600 Buttermilk Lane, Arcata. Planned Parenthood Northern California's centennial gala featuring dinner and silent and live auctions with guest auctioneer Senator Mike McGuire \$100. tbaratelle@ppnocal.org. www.ppaction.org/AChoiceAffair. 502-3008.

Dolbeer Steam Donkey Days. -May 1, 10:30 a.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. Watch as the Timber Heritage Association cranks up the historic Falk shay locomotive that once hauled trees and take a free train ride. Stay for logging and equipment demos. Free.

National Co-Housing Day. 12-3 p.m. Marsh Commons, 101 South H St., Arcata. Co-Housing is a community where neighbors share conversations, meals and

milestones. Walk the grounds, see inside the homes, join members for games, refreshments live music. Free. steinberg@humboldt1.com, or mashawmcmovie@gmail.com. 476-0440.

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. See April 28 listing.

Rhododendron Parade. 10 a.m. Henderson Center, Henderson near F Street, Eureka. Find a spot and watch the flower-festooned vehicles, horses, antique cars, drill teams and bands make their way east on Seventh Street, south on H Street and west on Henderson Street before ending behind the Eureka Mall. Free.

Rummage Sale. 8 a.m.-3 p.m. Boys & Girls Club of the Redwoods, 939 Harris St., Eureka. Benefits the Redwood Coast Chapter of the American Association of Zoo Keepers and its conservation projects. Free admission. redwoodaazk@gmail.com. www.redwoodcoastaazk.org. 205-5161.

FOR KIDS

Take it Outside Family Fun Walk. 2-3:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Naturalist Carol Vander Meer leads trail games and activities to sharpen observation skills while having fun and learning about coastal wildlife. Call or email to reserve your space. Free. info@friendsofthedunes.org. 444-1397.

FOOD

Alder Bay Art & Wine Event. 2-6 p.m. Alder Bay, 1355 Myrtle Ave., Eureka. Alder Bay Assisted Living presents an afternoon featuring local artists, including our own staff, residents and family members. Enjoy wine and food pairings while listening to live musical performances. Free. psosa@alderbayalf.com. www.alderbayalf.com. 273-6474.

Arcata Plaza Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music.

GARDEN

California Native Plant Society Plant Sale. 10 a.m.-5 p.m. Manila Community Center, 1611 Peninsula Drive. Hundreds of volunteer- and nursery-grown native plants. Gardeners on hand to answer your questions. Free. smayklein@gmail.com. www.northcoastcnps.org. 822-2015.

Plant Sale. 9 a.m.-6 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. See April 29 listing.

Rhododendron Show and Plant Sale. -May 1, 10 a.m.-3 p.m. Pacific View Charter School, 115 Henderson St., Eureka. See and learn about beautiful rhodys and azaleas at a show of more than 300 blossoms and plants, as well as the Humboldt Bonsai Society's "modified" plants. Free. 443-1291.

OUTDOORS

Bouldering Competition. 5-11 p.m. HSU Student Recreation Center, Humboldt State University (1 Harpst Street), Arcata. Annual climbing competition with problems ranging in difficulty from V0-V10+, vendor booths, a slack line warm-up area and food. Free for spectators, \$20, \$15 HSU students to compete.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet trained guide Milt Boyd for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet trip leader Larry Karsteadt in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

Introduction to Coastal Wildflowers. 11 a.m.-1 p.m. Manila Community Center, 1611 Peninsula Drive. Join a Friends of the Dunes naturalist for a guided walk. As

part of the California Native Plant Society's 34th annual Wildflower Show, this walk will focus on the identification of wildflowers common in coastal dunes. Free. info@friendsofthedunes.org. www.manilacsd.com/Parks_and_Recreation.htm. 444-1397.

Mad River Mouth Stand Up Paddle Tour. 9 a.m. Center Activities, 1 Harpst St., Arcata. Experience the diversity of wildlife found where this unique estuary meets the ocean. \$45, \$35 HSU. 826-3357.

SPORTS

Stock Car Points Race. 6:30 p.m. Redwood Acres Racetrack, 3750 Harris St., Eureka. Stock car races. Grandstands Open at 5 p.m. Qualifying at 5 p.m. - Racing at 6:30 p.m.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See April 29 listing.

ETC

International Tabletop Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Celebrate gaming of all kinds with demos, giveaways and open games to peruse and play. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Northcoast Mensa Forum. 12-1 p.m. Samoa Cookhouse, 908 Vance Ave. "Promoting Renewable Energy via Regional Planning and Project Implementation" presented by Jim Zoellick of HSU's Schatz Energy Research Center. Free, no-host lunch. jakable5@gmail.com. www.samoacookhouse.net.

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Center-ville Road, Ferndale. See April 28 listing.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

World Tai Chi and Qigong Day. 10 a.m. Arcata Plaza, Ninth and G streets. Yang Style Sun Style, Tai Chi Made EZ and Swimming Dragon will be demonstrated and taught to those who are interested in participating. No experience necessary. Free.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

1 Sunday

ART

Opening Reception for Annual Membership Show. 1-4 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. See the work of our members and meet the artists. Refreshments. Free. wcaexhibits@gmail.com. 677-9493.

MOVIES

Duma (2005). 6 p.m. Arcata Theatre Lounge, 1036 G St. A young boy in Kenya befriends an abandoned cheetah cub but not all animals are meant to be domesticated. \$5. www.arcatatheatre.com.

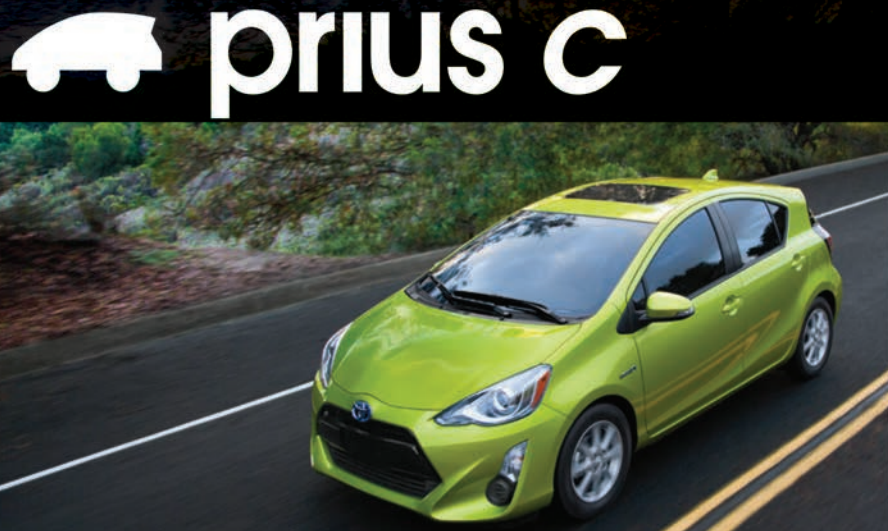
MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

The Dustbowl Revival. 8 p.m. Arcata Playhouse, 1251 Ninth St. An American roots orchestra. \$18, \$16.

Madrigal & MRT Singers. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Choral music from Russian, Hawaiian, Yiddish and Native American sources, and tunes from "Orange Colored Sky" to "Sweet Georgia Brown." \$8, \$5 seniors, children/HSU students free. www.HSUMusic.blogspot.com.

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THEATER

Bat Boy the Musical. 2-4:30 p.m. Ferndale Repertory Theatre, 447 Main St. See April 29 listing.

Dead Man's Cell Phone. 2-3:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 28 listing.

ELECTIONS

Democratic Caucus Election for Bernie. 2-3 p.m. Eureka Labor Temple, 840 E St. All Democrats registered in our congressional district are urged to participate in choosing delegates pledged to the candidate of their choice. Voter registration forms will be available for last-minute registrations or changes of address. Free.

Democratic Caucus Election for Hilary. 2-3 p.m. Wharfinger Building, 1 Marina Way, Eureka. All Democrats registered in our congressional district are urged to participate in choosing delegates pledged to the candidate of their choice. Voter registration forms will be available for last-minute registrations or changes of address. Free. www.ci.eureka.ca.gov/depts/pw/wharfinger/default.asp.

EVENTS

Avenue of the Giants Marathon. 7:30 a.m. Avenue of the Giants (Rio Dell), Dyerville Bridge. Run through the biggest trees in the world. Marathon at 7:45 a.m., half-marathon at 8:45 a.m. and 10K at 9:15 a.m. \$90, \$80, \$60. theave@theave.org. theave.org.

California Blacksmith Assn. Spring Conference. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See April 28 listing.

California Native Plant Society Wildflower Show. 10 a.m.-4 p.m. Manila Community Center, 1611 Peninsula Drive. See April 29 listing.

Dolbeer Steam Donkey Days. 10:30 a.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. See April 30 listing.

Spamley Cup Cook-off. 1 p.m. Redwood Fields, Fern Street, Eureka. Local folks and top chefs compete to for best Spam dish. Enjoy the raffle, silent auction, live music and kid-friendly games, then taste and vote for the People's Choice Winner. Benefits Humboldt CASA. Rain or shine. \$10, free for kids under 12. www.spamleycupcookoff.com.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

Freshwater Grange Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Enjoy buttermilk and whole-grain pancakes, eggs, ham, sausage and French roast coffee. \$6, \$4 for kids. 442-7107.

Pancake Breakfast. 8:30-11 a.m. Moose Lodge, 4328 Campton Road, Eureka. Henderson Center Kiwanis serves up hotcakes, scrambled eggs, bacon, coffee, tea and orange juice. Proceeds benefit Kiwanis scholarship programs. \$6, \$3 children. ford.insurance@att.net. 496-7653.

GARDEN

California Native Plant Society Plant Sale. 10 a.m.-4 p.m. Manila Community Center, 1611 Peninsula Drive. See April 30 listing.

Rhododendron Show and Plant Sale. 10 a.m.-3 p.m. Pacific View Charter School, 115 Henderson St., Eureka. See April 30 listing.

OUTDOORS

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

Introduction to Coastal Wildflowers. 11 a.m.-1 p.m. Manila Community Center, 1611 Peninsula Drive. See April 30 listing.

Nature Trail Grand Opening. 1-5 p.m. Freshwater Farms Reserve, 5851 Myrtle Ave., Eureka. Enjoy a plein air painting event with local landscape artists, music by Thursday Night Bluegrass and Josephine Johnson, presentations, drinks and a community potluck with locally produced food. Please bring a potluck dish to share. No dogs please. Free.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

Humboldt Flea Market. 8 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse the tables for treasures. www.redwoodacres.com. 822-5292.

Marcha Para Nuestras Familias/March For Our Families. 1-4 p.m. Sacred Heart Church, 2065 Myrtle Ave., Eureka. Immigrant community members and allies will march in Eureka to urge federal officials and the Immigration Customs Enforcement agency to halt the deportations of immigrant workers who were affected by the raid at Sun Valley Farms eight years ago and call for just immigration reform. Free.

2 Monday

DANCE

Let's Dance. 7-10 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music including swing standards and roots country. Everyone welcome. More info: 725-5323. \$4. www.facebook.com/humboldtgrange.

MUSIC

Eastern European Folk Music Meetup. 7-8 p.m. The Sanctuary, 1301 J St., Arcata. Play and sing a variety of Eastern European, Balkan and international folk music with a new community music group (hosted by members of Chubritza). All instruments and levels are welcome. \$1-\$5 donation. linneamandell@gmail.com. 496-6784.

Humboldt Folklife Society Sing-along. First Monday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com. 839-7063.

EVENTS

Bike Clinic. 6:30-8 p.m. Adventures Edge, Eureka, 125 W. 5th St. The Bike Month Humboldt Coalition is partnering with local bike shops to offer free bicycle clinics in May. Adventure's Edge hosts the first one. Learn basic maintenance skills and explore options for commuting by bike. For more information about the clinics and other Bike Month Humboldt events go to www.humbike.org

Free. humbike.org.

FOR KIDS

Rio Dell/Scotia Playgroups. 10 a.m.-noon. Church of Christ, 325 2nd St., Rio Dell. Playgroup for children 0-5 and their parents and caregivers. Padres y Cuidadores de Niños de 0-5 años de edad, por favor llévenlos al El Playgroups. 764-5239.

StEP: Skills for Teen Parents. 4-5 p.m. Jefferson Community Center, 1000 B St., Eureka. A series of parenting and life skills workshops for parents and parents-to-be under the age of 21. Learn about early literacy, first aid and CPR, resume writing and more. Contact the McKinleyville Library for details and to pre-register. Free. kehrnman@co.humboldt.ca.us. 839-4459.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.org. www.baysidegrange.org. 822-9998.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

3 Tuesday

LECTURE

Sustainable Futures Speakers Series. 5:30-7 p.m. Founders Hall 118, Humboldt State University, Arcata. Renée Byrd presents "Punishment's Twin: Carceral Logics, Abolitionist Critique and the Limits of Reform." Free. envcomm1@humboldt.edu. www2.humboldt.edu/envcomm/speaker_series. 826-3653.

MUSIC

Katchafire. 8:30 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. New Zealand roots reggae w/Mystic Roots and Stay Positive Sound. \$35, \$25 advance. www.bluelakecasino.com.

Ukulele Play and Sing Group. First Tuesday of every month, 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All skill levels. Other instruments on approval. Meet first and third Tuesday. Donations of \$1-\$2 appreciated. veganlady21@yahoo.com.

FOR KIDS

Grandparents and Books Storytime. 3-4:30 p.m. Fortuna Library, 753 14th St. Children of all ages welcome to afternoon storytime with "grandparent" storyteller Cynthia. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov.org/296/Fortuna-Library. 725-3460.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See May 1 listing.

ETC

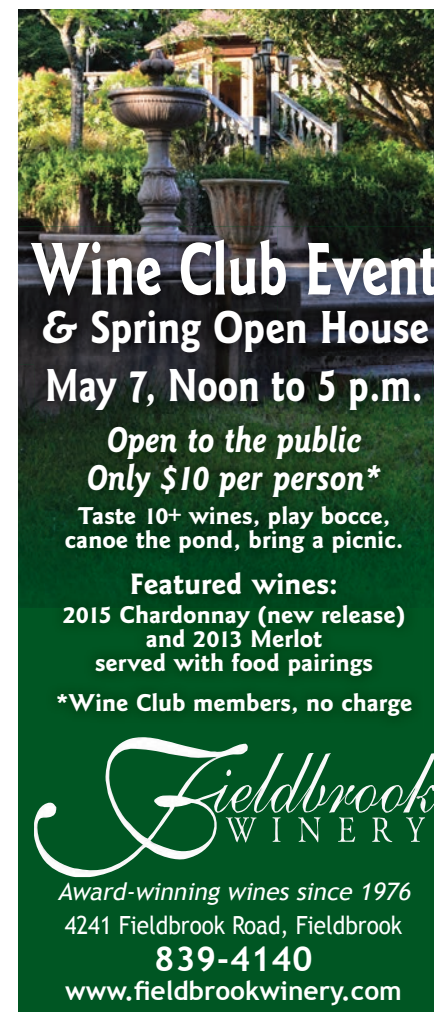
Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Continued on next page »



Wine Club Event & Spring Open House

May 7, Noon to 5 p.m.

*Open to the public
Only \$10 per person**

Taste 10+ wines, play bocce,
canoe the pond, bring a picnic.

Featured wines:
2015 Chardonnay (new release)
and 2013 Merlot
served with food pairings

***Wine Club members, no charge**

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HUMBOLDT

FLEA MARKET

Sun., May 1st
8am-3pm

Redwood Acres — Fairground

Admission Fee:
\$1 After 9am

Kids 12 & Under FREE

Early Birds \$2

**For Reservations
Call Dayton**

(707) 822.5292

Calendar

Continued from previous page

4 Wednesday

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

MOVIES

Sci Fi Night ft. *The Blob* (1958). 7:30 p.m. Arcata Theatre Lounge, 1036 G St. Steve McQueen tries to protect his hometown from a gelatinous alien life form that engulfs everything it touches. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

FOR KIDS

Youth & Teen Study Group. 3-4:30 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. A quiet environment where students can receive extra help on homework, a snack and optional on-site tutoring. Free. lynea237@gmail.com. www.ermg.com. 725-3300.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappello reads stories to children and their parents. Free.

OUTDOORS

Guided Nature Walk. First Wednesday of every month, 9 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This 2-mile walk is a great way to familiarize yourself with local flora and fauna. Binoculars are available at the visitor's center. Free. www.fws.gov/refuge/humboldt_bay. 733-5406.

Native Landscaping Volunteers. First Wednesday of every month, 5-6:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Participants learn to recognize native and non-native plants so they can volunteer any time. Bring gardening gloves if you have them and come dressed for the weather. Free. info@friendsofthedunes.org. 444-1397.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

5 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See April 28 listing.

MOVIES & EVENTS

April 29 - May 4

Fri Apr 29 - Christian Martin, Doors @ 9PM, \$20 @ Door, \$15 adv tix @ Wildberries/People's Records/The Works/Fatbol Clothing Company, 21+.

Sat Apr 30 - Random Acts Of Comedy, Doors @ 7:30 PM, Hilarity @ 8 PM, Tix are \$6, 10+.

Wed May 4 - Sci Fi Night: The Blob (1958), Doors @ 6 PM All ages, Free w/\$5 food & bev purchase.

Highlight: 5/1 - Duma (2005), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.

Arcata Theatre Lounge 
arcatatheater.com • 822-1220 • 1036 G St.

LECTURE

John Powell. 1 p.m. Goodwin Forum, Humboldt State University, Arcata. Writer, civil rights and civil liberties expert presents "The Science of Equality: Addressing Racial Anxiety, Implicit Bias & Stereotype Threat." Free. 6 p.m. Sequoia Conference Center, 901 Myrtle Avenue, Eureka. Writer, civil rights and civil liberties expert presents "Giving Birth to a Society in Which Everyone Belongs." Free.

THEATER

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 28 listing.

FOR KIDS

Lemonade Day Workshop. 6:30-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Kids and their caregivers/mentors are invited to "Learning with Lemonade, Sweet Lessons about Starting Your First Business." Free. susans@aecd1.org. www.humboldt.lemonadeday.org. 798-6132.

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. See April 28 listing.

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See April 28 listing.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See April 28 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See April 28 listing.

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Center-ville Road, Ferndale. See April 28 listing.

Heads Up This Week

The **Trinidad fish Festival** seeks volunteers for this year's event. Please email trinidadfishfest2016@gmail.com for more information.

The Board of Directors for **Redwood Coast Regional Center** seeks board members in Del Norte, Humboldt and Lake counties. Application deadline May 15. Call 445-0893, ext. 317.

Nominations for the **2016 Outstanding Contributions to the Arts Award** are now open. Nomination can be made by letter and returned to the Humboldt Arts Council 636 F Street, Eureka. Deadline is May 27.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteer time. For more information, contact 269-2071 or debbiep@nrsrcaa.org.

The **Superior Court of California**, County of Humboldt is accepting applications for the Humboldt County Civil Grand Jury for fiscal year 2016-17. For more information, call 269-1200 or visit www.humboldt.courts.ca.gov.

Volunteers needed for the **Arcata Marsh** Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Space reservations for local youth-focused groups now being accepted for the **Best of Humboldt Youth Expo** at Redwood Acres in June. Reserve by calling 445-3037.

The Mateel Community Center is accepting applications for the **Community Fine Arts Tent at Summer Arts** (deadline May 15). Email samarttent@yahoo.com or call 513-5566.

Arcata Sorooptimists scholarship applications are available in the attendance office at Arcata High School, at www2.humboldt.edu/finaid/scholarships.html, at the College of the Redwoods financial aid office and by emailing Scholarships@Redwoods.edu or siarcata@sorooptimist.net.

Humboldt Area Center for Harm Reduction seeks donations of clean and gently used coats, sleeping bags/blankets, socks, gloves and hats for its "Anything Warm" donation drive. For drop off locations, call 601-6221.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

Filmland

Let It Go

Sister drama and hoarding in *Huntsman* and *Doris*

By John J. Bennett

filmiland@northcoastjournal.com

Reviews

THE HUNTSMAN: WINTER'S WAR. To say one movie represents everything that is wrong with Hollywood in 2016 is both facile and unfair; there are, after all, so, so many things wrong. But with *The Huntsman*, it's tempting. It's a sequel/sort of prequel to *Snow White and the Huntsman* (2012), itself a superfluous re-telling. This installment trumps its predecessor by eliminating Snow White save but for a few brief mentions, and focusing instead on Eric the Huntsman (Chris Hemsworth) and the difficult to define relationship between rival sisters Ravenna (Charlize Theron) and Freya (Emily Blunt). *Snow White* without Snow White? Apparently so.

Years before the events of the first movie, Ravenna is already establishing a *modus operandi*. After marrying a king, she kills him — over a chessboard, in case anyone accused the movie of subtlety — and seizes control of the kingdom. Meanwhile, Freya has fallen in love and gotten pregnant. Shortly after the birth of her child, the baby's father burns it in its crib, awakening Freya's latent ice powers. She retreats from her family and the notion of love, constructing an ice palace in the northern wilds. There, she raises an army, turning stolen children in to cold-hearted huntsmen. When her two greatest warriors Eric and Sara (Jessica Chastain) fall in love and plan to elope, Freya drives a wall between them, literally and figuratively. Eric wanders the wilderness, mourning and getting drunk. When he is approached by King William (Sam Claflin) and two of Snow White's dwarf companions (Nick Frost and Rob Bryden, far and away the best part of the whole affair) with news that the mirror that defeated Ravenna has been stolen by orcs (perhaps the only minority group not underrepresented in mainstream movies), he signs on to recover the thing. There's an uncomfortable reunion, some lady dwarves and the predictable orc battle, all en route to the inevitable climactic showdown.

Director Cedric Nicolas-Troyan (visual effects supervisor on *Snow White*) contin-

ues the earlier movie's emphasis of style over substance, particularly in lavish sets and costuming. As before, the storytelling fails, with a years-spanning plot that hardly holds together from one scene to the next. The capable cast struggles and the ensemble product feels forced, stagy. As a whole, the movie is doubly disappointing for its attributes. Tremendous effort obviously went into creating a beautiful, enveloping world but the story, poorly prepared, rudderless and poorly executed, fails to come to life there. *PG13. 114M. BROADWAY, FORTUNA, MILL CREEK.*

HELLO, MY NAME IS DORIS. Played too on-the-nose, this could easily turn loathsome. A character study about sexagenarian spinster Doris (Sally Field) falling for a much younger co-worker and navigating the world of Brooklyn hipsters, the movie is saved thanks to careful handling by director Michael Showalter, who co-wrote the screenplay with Laura Terruso, based on her short. Credit is due to the stand-out cast, Field especially, but Showalter's off-beat mix of humor and earnestness keeps *Doris* from preciousness, pretension and cliché.

Doris has spent years caring for her ailing mother in an increasingly cluttered house on Staten Island. Now that mom has died, brother Todd (Stephen Root) and his wife Cynthia (Wendi McLendon-Covey) urge Doris to clean up the house and sell. They see her as a hoarder who needs professional help; she's attached to her stuff and worries leaving the house might destroy her identity. Meanwhile, art director John (Max Greenfield) enters Doris' life at the apparel company where she does data entry. She's immediately smitten/borderline obsessed. Enlisting her best friend Roz (Tyne Daly) and Roz's granddaughter Vivian (Isabella Acres), Doris learns how to Facebook stalk, gradually forming an uncomfortably close friendship with John. Among his hipster cohort, she walks a tightrope, balancing genuine appreciation against sarcastic ridicule. Her fascination with these new friends puts Doris at odds with Roz and things blow up on a number of fronts.

Showalter is best known as a member



I specifically asked for gluten-free.

of *The State*, *Stella* and *Wet Hot American Summer* crew, a team with which he's done beyond-hilarious work writing and acting. But he also directed a screwball-ish comedy called *The Baxter* (2005), and *Doris* has more to do with it than the rest of his resume. Like *The Baxter*, *Doris* has touches of absurdist humor, but at bottom is defined by its heart and nuance. *Doris* creates a tiny, real world where hilarious things occasionally happen. The cast pulls together to populate that world, taking care to make their characters real and funny and beautifully sad. A lesser actor would lose the thread of the main character in maudlin posturing, but Field makes *Doris* a fully formed, flawed, beautiful person. Her performance stands out due to her own sterling work as well as the cast and crew supporting her. *R. 95M. BROADWAY, MILL CREEK.*

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Richards' Goat Miniplex 630-5000.

Previews

KEANU. Comedy duo Keegan-Michael Key and Jordan Peele play average Joes wading into the criminal underworld to retrieve a kitten. *R. 98M. BROADWAY, MILL CREEK.*

MOTHER'S DAY. Chicken soup for the multi-generational-ensemble-come-dy soul. With Julia Roberts and Jennifer Aniston. *PG13. 118M. BROADWAY, FORTUNA, MILL CREEK.*

PURPLE RAIN. Prince's song-packed star vehicle about a musician with baggage, a pompadour and a dream returns. *R. 111M. BROADWAY.*

RATCHET AND CLANK. Animated

space adventure with misfits out to save the galaxy. Starring James Arnold Taylor and David Kaye. *PG. 94M. BROADWAY, FORTUNA, MILL CREEK.*

Continuing

BARBERSHOP: THE NEXT CUT. Ice Cube returns as Calvin, trying to save his shop and his neighborhood with the world's chattiest employees. With Cedric the Entertainer and Eve. *PG13. 112M. BROADWAY.*

BATMAN V. SUPERMAN: DAWN OF JUSTICE. Neither the surprisingly solid Ben Affleck nor Henry Cavill's jaw can save this high-production cacophony of collapsing buildings, baffling dream sequences and rushed exposition. *PG-13. 151M. BROADWAY.*

THE BOSS. Riches-to-rags-to-riches isn't new, but Melissa McCarthy, as a fallen CEO making a bakesale comeback, sweetens the deal with cutting asides and hilarious dialogue. *R. 99M. BROADWAY, MILL CREEK.*

CRIMINAL. The memories of a CIA spook (Ryan Reynolds) are dumped into the brain of an ex-con (Kevin Costner), who must now save the world. *R. 113M. BROADWAY.*

EYE IN THE SKY. A remote operation gets morally, tactically and politically tricky when a child wanders into the line of fire. Starring Helen Mirren. *R. 102M. BROADWAY, MILL CREEK.*

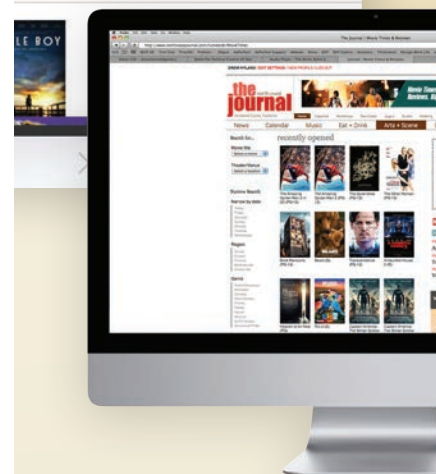
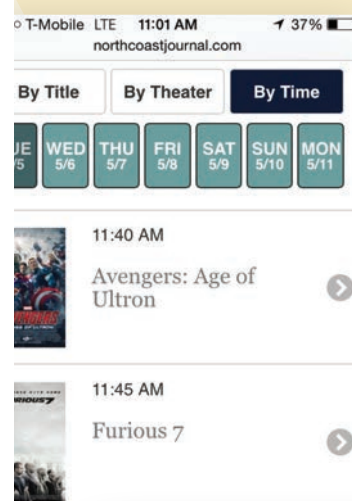
THE JUNGLE BOOK. The Kipling story returns to inspire real childhood wonder with seamless CGI, believable animal characters and grand adventure. *PG. 106M. BROADWAY, FORTUNA, MILL CREEK.*

ZOOTOPIA. An animated animal take on the buddy movie with Jason Bateman, Ginnifer Goodwin and Idris Elba. *PG. 108M. BROADWAY, MILL CREEK.*

— Jennifer Fumiko Cahill



MOVIE TIMES. TRAILERS. REVIEWS.



Browse by
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SEWING, FASHION, FITTING, & QUILTING CLASSES Learn to sew, fit patterns, & design styles. We teach everything from basic sewing & quilting to corsets & costumes. Visit eurekafabrics.com and sign up today! (707) 442-2646 eurekafabrics@me.com www.eurekafabrics.com

Communication

DREAMS AND NIGHTMARES EXPLORED AT LIFE-TREE CAFE The cause, meaning, and importance of dreams and nightmares will be discussed at Life-tree Café on Sunday, May 1 at 7 p.m. The program, titled "Dreams and Nightmares: The Science Behind the Stories of Your Mind," features a filmed interview with Dr. William Moorcroft, author of "Understanding Sleep and Dreaming." In the interview, Moorcroft explains that sleep is critical for our brains to function and dreams are a way for the mind to organize and process information. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobbipert@hotmail.com or www.lifetreecafe.com (C-0428)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Beginning and Intermediate classes in Swing, Latin, & Ballroom dance. Group and private lessons. First dance choreography and coaching for weddings. Find us on Facebook! (707) 464-3638, debbie@dancewithdebbie.biz (707) 464-3638, debbie@dancewithdebbie.biz (D-0428)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0428)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning. Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-0428)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0428)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m, Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0428)

WEST AFRICAN DANCE W/ LIVE DRUMMING. \$10 donation \$5 for Students Tuesday All Level Community Class 5:30-7 Redwood Raks Dance Studio, Arcata Contact Heather 707-834-3610 Facebook Arcata West African Dance (DMT-0428)

Continued on next page »

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0428)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0428)

Miller Farms WORKSHOP

Moss Baskets with Georgia O'Barr Sat., April 30th at 10:30 a.m.

This is a hands on class on how to make beautiful "Victorian" Moss Baskets. You will get to construct your own basket using the materials and plants we provide.

Class Fee: \$50.00 (includes all materials)
Sign up early, space is limited.



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millerfarmsnursery.com
839-1571

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Mon-Sat 8:30-5:30 • Sun 10-4

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SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0428)

Lectures

VITICULTURE 101. This course will cover selecting grape variety, growing seasons, soil preparation, pest and mold management, and will include a field trip to a vineyard for hands-on practice. With Wil Franklin. Thurs./Fri./Sat., May 19-21, Thurs: 5:30-7 p.m., Fri: 9:30 a.m.-4 p.m., Sat: 9 a.m.-3 p.m. Fee: \$265. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-0428)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0428)

ART THEORY & COMPOSITION WITH ANTOINETTE MAGYAR. Designed for all levels of visual artists, explore fundamentals and secrets of art composition and theory to help you create stunning works of art. Thurs., May 12-26 from 6-8:30 p.m. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0505)

A FILM UNFINISHED WITH MICHAEL COOLEY. This 2010 documentary explores a lost reel of film, rediscovered after the fall of the Berlin Wall, photographed by the Nazis from inside the Warsaw Ghetto. Fri., May 6 from 6-9 p.m. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

GENTLE YOGA WITH PATRICIA STARR. Learn the basic foundation, the use of props, correct alignment, conscious relaxed breathing and all of the basic stretches. Mondays, May 9-23 from 1-2:30 p.m. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0505)

MOVEMENT: ESSENTIAL FOUNDATION TO FITNESS WITH COREY JUNG. Learn to feel, move and perform better in activities of daily living to meet your health and fitness goals. Sat., May 7 & Sun., May 8 from 12-3 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

NORTHERN SONOMA COUNTY WINES WITH PAM LONG. Learn about and taste some of the lesser known gems produced by northern Sonoma County wineries. New Dates: Sat. & Sun., May 14 & 15 from 2-4:30 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0505)

THE YOGA OF PUBLIC SPEAKING WITH YUSEF HAYES. This innovative course combines the philosophy of modern yoga practice with the art of human communication. Sat., May 7 & Sun., May 8 from 10 a.m.-4 p.m. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

TURKEY: THE TOUR WITHOUT THE AIRFARE WITH ROLAND LAMBERSON AND RICK VREM. Visit the crossroads of Europe and Asia, a land of epic history, ancient ruins, classic civilizations, and current turmoil. Thurs., May 5 from 6-8 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazen.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com. (S-0428)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are here to change lives with our love. Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0428)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m. Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-0428)

NEW CLIENT SPECIAL! GET 5 PRIVATE SESSIONS FOR THE PRICE OF 4! Private sessions include readings, healing, channeling, & counseling. Teresa von Braun, Spiritual Consultant with over 35 years experience. 707.825.7703 or info@teresavonbraun.com (S-0428)

TONGLEN WORKSHOP A dynamic and transformative practice, called breathing in the dark and breathing out the light, this tonglen for our own suffering is an ancient tool for peace of mind. Sat. May 7, 9 AM - 1 PM with Swami Girijananda. \$50, includes book & CD. For details see web, call or email. (707) 633-5072 girijamoran@hotmail.com www.swamigirijananda.com

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0428)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0428)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0428)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0428)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0526)

Vocational

INTERMEDIATE AND ADVANCED PHOTOGRAPHY Tuesdays, June 7 - July 26, 6:00 pm - 9:00 pm CR Community Education 525 D Street Eureka. Photographers enhance and explore technical understanding, composition, and creative expression through digital imaging with computer instruction. Call 707-476-4500 for more info (V-0428)

LOAN DOCUMENT SIGNING SPECIALIST & NOTARY May 16th and May 17th Both of these class are held through College of the Redwoods Community Education at 333 6th Street call 707-476-4500 for more information (V-0428)

MANAGERS SERVS SAFE CERTIFICATE Tuesday May 17th at College of the Redwoods Community Education 525 D Street Eureka, call 707-476-4500 for more information (V-0428)

MEDICAL ASSISTING WILL BE OFFERED AUGUST 2016! Informational Meeting: May 4, 2016 3:00 pm - 5:00 pm at 525 D street Eureka, call College of the Redwoods Community Education 707/476-4500 (V-0428)

Wellness & Bodywork

AYURVEDIC COOKING IMMERSION. 5-Day Certification @ NW Institute of Ayurveda, w/Bharata Surya, June 22-26 (Deadline: June 20) \$500 Register: www.ayurvedicliving.com, (707) 601-9025 (W-0616)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Visiting Teachers Series with Amanda McQuade-Crawford. May 7-8. In this weekend class, Amanda covers Women's Health, Weight Loss without Tears, and Healing Foods! Intermediate Herbology. April 20 - June 8, 2016. 8 Wed. evenings. Delve deeper into herbal therapeutics from a holistic perspective. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Beginning with Herbs, Sept 17 - Nov 5, 2014, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Register online www.dandelionherb.com or call (707) 442-8157 (W-0505)

MASSAGE SCHOOL INFORMATION NIGHT AT ARCATA SCHOOL OF MASSAGE. Free discussion with Director Tobin Rangdrol about massage school. Tuesday, May 17 at 5 p.m. No registration necessary. Visit arcatamassage.com or call (707) 822-5223 for info. (W-0428)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSOING. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-0428)

HEY, YOU.

Submit your art, dance, movie,
lecture, meeting, community event,
performance, karaoke, open mic,
gig and/or comedy show online:

www.northcoastjournal.com

NOTICE OF PETITION TO ADMINISTER ESTATE OF ANTHONY JOHN CARTER, also known as ANTHONY J. CARTER and TONY CARTER CASE NO. PR160115

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, ANTHONY JOHN CARTER, also known as ANTHONY J. CARTER and TONY CARTER
A PETITION FOR PROBATE has been filed by Petitioner, Hugh Reilly In the Superior Court of California, County of Humboldt. The petition for probate requests that Hugh Reilly be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on June 23, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account

as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Eric Danoff
10 Craig Avenue
Piedmont, CA 94611
(510) 654-2703
Filed: April 15, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

4/21, 4/28, 5/5 (16-096)

NOTICE OF PETITION TO ADMINISTER ESTATE OF ARTHUR K. TONKIN CASE NO. PR160131

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, ARTHUR K. TONKIN
A PETITION FOR PROBATE has been filed by Petitioner, NANCY A. BROWN
In the Superior Court of California, County of Humboldt. The petition for probate requests that NANCY A. BROWN be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on May 19, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may

affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Bradford C Floyd
Floyd Law Firm
819 Seventh Street
Eureka, CA 95501
(707)445-9754
Filed: April 21, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

4/28, 5/5, 5/12 (16-101)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTIN J. SINTIC, a/k/a MARTIN JAMES SINTIC CASE NO. PR160119

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, MARTIN J. SINTIC, a/k/a MARTIN JAMES SINTIC
A PETITION FOR PROBATE has been filed by Petitioner, Samantha May Primofiore
In the Superior Court of California, County of Humboldt. The petition for probate requests that Samantha May Primofiore be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on May 12, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date

of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: James D. Poovey
937 6th Street
Eureka, CA 95501
Filed: April 13, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

4/21, 4/28, 5/5 (16-095)

T.S. No. 032213-CA APN: 507-422-018-000 NOTICE OF TRUSTEE'S SALE

Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 1/23/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 5/10/2016 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 2/9/2004, as Instrument No. 2004-4527-26, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: KENNETH R BAKER, AN UNMARRIED MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 104, TRACT NO. 149, CHEVRET VAISSADA SUBDIVISION UNIT NO. 4, FILED SEPTEMBER 26, 1979, IN THE OFFICE OF THE HUMBOLDT COUNTY RECORDER, IN BOOK 17 OF MAPS, PAGES 22, 23 AND 24 The street address and other common designation, if any, of the real prop-

erty described above is purported to be: 3201 ZELIA COURT ARCATA, CALIFORNIA 95521 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$196,855.47 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this

property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 032213-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

4/14, 4/21, 4/28 (16-088)

AMENDED SUMMONS CASE NUMBER: DR160105 NOTICE TO DEFENDANT: Edward Christen, Heinrika Christen, and all persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the Property adverse to Plaintiff's title, or any cloud on Plaintiff's title to the Property as Does 1 through 50, Inclusive, YOU ARE BEING SUED BY PLAINTIFF: Francis Christen

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is:

SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 Fifth Street, Eureka, CA 95501 The name, address, and telephone number of the plaintiff's attorney, or plaintiff without an attorney is: Richard Smith, The Harland Law Firm LLP, 622 H Street, Eureka, CA 95501, (707) 444-9281 Date: MAR 25, 2016. This action is a Quiet Title action to determine title to that real property commonly known as Humboldt County Assessor Parcel Number 106 -041-002, and is more particularly described as that real property situate in the County of Humboldt, State of California, described as follows: PARCEL ONE: BEGINNING at the corner to Sections 33 and 34 on the Township line between Townships 2 and 3 North, Range 1 West, Humboldt Meridian; and running thence North 40 degrees West 49 chains to the bank of Eel River; thence along the said bank of Eel River, South 64 degrees East 35 5/100 chains to the section line dividing Sections 33 and 34, Township 3 North, Range 1 West, Humboldt Meridian; thence in Section 34 South 72 degrees East 8 7/100 chains; thence South 62 degrees East 9 14/100 chains; thence South 25 1/2 degrees East 9 90/100 chains; thence South 24 1/2 degrees East 7 9/100 chains to the Township line between Townships 2 and 3 North, Range 1 West, Humboldt Meridian; thence West on the said Township line to the place of beginning, being a part of the Southeast Quarter of Section 33 and a fractional part of the Southwest Quarter of Section 34, Township 3 North, Range 1 West, Humboldt Meridian. PARCEL TWO: BEGIN at a point situate North 40 degrees West, distant 49 chains from the corner to Sections 33 and 34 on the South boundary of Township 3 North of Range 1 West, Humboldt Meridian, said point being the Northwest corner of S & O Survey, No. 253, Humboldt County Survey Records; thence North 37 degrees 40 minutes East 21.27 chains, South 67 1/4 degrees East 22.64 chains South 26 degrees West 21.80 chains orth 64 degrees 40 minutes West 26.90 chains to the point of beginning.

4/7, 4/14, 4/21, 4/28 (16-084)

REQUEST FOR ORDER FOR CHILD CUSTODY, MODIFICATION, VISITATION AND DISSOLUTION CASE NUMBER: FLO90016

TO: Jennifer Adams
A hearing on this request for order will be held as follows: If child custody or visitation is an issue in this proceeding, Family Code section 3170 requires mediation before or at the same time as the hearing

Date: May 10, 2016
Time: 1:45 p.m., Dept. 6
SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET

EUREKA, CA 95501
Date: March 25, 2016
Filed: March 25, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

You are ordered to appear in court at the date and time listed to give any legal reason why the orders requested should not be granted. Request for Order and Supporting Declaration
Respondent: Eddie Adams re. custody of Michaelyn Adams and Neveah Adams
Child Visitation (Parenting Time)

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Christina J. Allbright
917 3rd Street
Eureka, CA 95501

4/7, 4/14, 4/21, 4/28 (16-086)

SUMMONS (Citation Judicial) CASE NUMBER: DR150544

NOTICE TO Defendant: JAY BAEHR, et al.
You have been sued by Plaintiff: GROVER WICKERSHAM

Notice: You have been sued. The court may decide against you without you being heard unless you respond within 30 days. Read the information below.
You have 30 calendar days after this Summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for free waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center(www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is:

Superior Court of California
County of Humboldt
825 Fifth Street
Eureka, CA 95501
The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Eric V. Kirk
Stokes, Hamer, Kaufman & Kirk
381 Bayside Road
Arcata, CA 95521
Date: December 10, 2015 clerk, by Natasha S., Kim M. Bartleson, Deputy

4/28, 5/5, 5/12, 5/19 (16-098)

FICTITIOUS BUSINESS NAME STATEMENT 16-00260

The following person is doing Business as **OTTER SPACE**
Humboldt, 13065 Johnson Road
Orrick, CA 95555
Peter Alsop
21418 Entrada Road
Topanga, CA 90290
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Peter Alsop, Owner
This statement was filed with the County Clerk of Humboldt County on April 12, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/28, 5/5, 5/12, 5/19 (16-099)

FICTITIOUS BUSINESS NAME STATEMENT 16-00228

The following person is doing Business as **HUMBOLDT KOMBUCHA**
3553 Middlefield Ln
Eureka, CA 95501
Maranda A Vargas
3553 Middlefield Ln
Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Maranda Vargas, Owner
This statement was filed with the County Clerk of Humboldt County on March 29, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/7, 4/14, 4/21, 4/28 (16-082)

FICTITIOUS BUSINESS NAME STATEMENT 16-00226

The following person is doing Business as
SIX RIVERS PAINTING
Humboldt, 1207 Hayes Street
Eureka, CA 95501
Brian R Mogel
1207 Hayes Street
Eureka, CA 95501

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Brian Mogel, Owner
This statement was filed with the County Clerk of Humboldt County on March 29, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

4/7, 4/14, 4/21, 4/28 (16-083)

FICTITIOUS BUSINESS NAME STATEMENT 16-00235

The following person is doing Business as
EAGER BEAVER TREE SERVICE
Humboldt, 2119 Serenity Ln
Eureka, CA 95503
Steven C Brown
2119 Serenity Ln
Eureka, CA 95503

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant

knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Steven Brown, Owner
This statement was filed with the County Clerk of Humboldt County on April 1, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/7, 4/14, 4/21, 4/28 (16-085)

FICTITIOUS BUSINESS NAME STATEMENT 16-00264

The following person is doing Business as **HAWKINSPIRATION**
Humboldt, 140 Johnson Ln
Redcrest, CA 95569
Megan Hawkins
140 Johnson Ln
Redcrest, CA 95569
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Megan Hawkins, Owner
This statement was filed with the County Clerk of Humboldt County on April 13, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/28, 5/5, 5/12, 5/19 (16-103)

FICTITIOUS BUSINESS NAME STATEMENT 16-00246

The following person is doing Business as
WATERSHED TEAS
Humboldt, 4369 Myrtle Ave
Eureka, CA 95503
Steven E Dugger
4639 Myrtle Ave
Eureka, CA 95503
Jameson A Collins
1060 Hwy 299



**PUBLIC NOTICE
NOTICE OF ADOPTION OF
PRELIMINARY BUDGET FISCAL YEAR 2016/2017**

NOTICE IS HEREBY GIVEN that the Preliminary Budget of the Humboldt Bay Fire Joint Powers Authority of Humboldt County for the fiscal year beginning July 1, 2016, has been adopted by the HBF JPA Board of Directors and is available at the following time and place for inspection by interested taxpayers:
Humboldt Bay Fire JPA
Station 1
533 C Street
Eureka, CA 95501
Monday - Friday, 9:00 a.m. to 3:00 p.m.

That on May 11, 2016 at 3:30 p.m., at Station 1, 533 C Street, Eureka, California, the Board of Directors will meet for the purpose of fixing the final budget, and that any taxpayer may appear at said time and place and be heard regarding the increase, decrease, or omission of any item of the budget, or for the inclusion of additional items.

PUBLISHED BY ORDER OF THE BOARD OF DIRECTORS OF HUMBOLDT BAY FIRE JOINT POWERS AUTHORITY

Salyer, CA 95563

The business is conducted by A General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Steven Dugger, Partner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-090)

FICTITIOUS BUSINESS NAME STATEMENT 16-00247

The following person is doing Business as
HUMBOLDT MEDIBLES / YETIBLES
Humboldt, 1001 Milton Ave Unit B
Ferndale, CA 95536
Theodore W Horner
1001 Milton Ave Unit B
Ferndale, CA 95536
PO Box 1431
Ferndale, CA 95536

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Theodore Horner, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-091)

FICTITIOUS BUSINESS NAME STATEMENT 16-00283

The following person is doing Business as
TRADE WINDS CONSIGNMENT BOUTIQUE
Humboldt, 39044
Willow Creek, CA 95573
PO Box 1144
Willow Creek, CA 95573

Summer C Adams
71 Gamblin Ln
Willow Creek, CA 95573
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed

above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Summer Adams, Owner
This statement was filed with the County Clerk of Humboldt County on April 20, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/28, 5/5, 5/12, 5/19 (16-100)

FICTITIOUS BUSINESS NAME STATEMENT 16-00248
The following person is doing Business as
VITALITY
Humboldt, 517 3rd St #12 & #13
Eureka, CA 95501
1489 Railroad Dr
McKinleyville, CA 95519
Angelina M Henderson
1489 Railroad Dr
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Angelina Henderson, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-092)

FICTITIOUS BUSINESS NAME STATEMENT 16-00249
The following person is doing Business as
HUMBOLDT GENETICS
Humboldt, 1497 Glendale Dr
McKinleyville, CA 95519
PO Box 906
Blue Lake, CA 95525
Josh Z Waldrop
170 Dutch Ln
Arcata, CA 95521

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a

misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Josh Waldrop, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-093)

FICTITIOUS BUSINESS NAME STATEMENT 16-00289
The following person is doing Business as **INSTITUTE OF COMBAT**
Humboldt, 820 N ST
Building #1 STE "C
Arcata, CA 95521
2835 Dolbeer ST
Eureka, CA 95501
John W Thompson
2835 Dolbeer ST
Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s John Thompson, Owner
This statement was filed with the County Clerk of Humboldt County on April 21, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/28, 5/5, 5/12, 5/19 (16-102)

FICTITIOUS BUSINESS NAME STATEMENT 16-00262
The following person is doing Business as
ELDERWOOD WELLNESS
Humboldt, 618 Harris St
Eureka, CA 95501
3199 Trinity St
Eureka, CA 95501
Monica J Haynes
3199 Trinity Street
Eureka, CA 95501

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Monica J Haynes, Owner
This statement was filed with the County Clerk of Humboldt County on April 13, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

4/21, 4/28, 5/5, 5/12 (16-094)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME SAMANTHA MCGEHEE CASE NO. CV160276 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
SAMANTHA MCGEHEE
TO ALL INTERESTED PERSONS:
Petitioner: SAMANTHA MCGEHEE

for a decree changing names as follows:
Present name
SAMANTHA MARIE MCGEHEE
to Proposed Name
SAMANTHA MARIE VASQUEZ-MARTINEZ

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 23, 2016
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: April 5, 2016
Filed: April 5, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

4/14, 4/21, 4/28, 5/5 (16-089)

HumBug

Hello, Handsome

By Anthony Westkamper

humbug@northcoastjournal.com



The male cicada's song is meant to woo the ladies — fast.

Photo by Anthony Westkamper

Love Songs

Walking through the woods near the Van Duzen River, something caught my eye low in the weeds along side the trail. On close inspection, I was surprised to see a cicada. I usually associate them with warm weather later in the year. It was pretty subdued so I was able to take plenty of photos up close before I finally decided to leave the poor creature alone.

As always, identifying the animal is harder than acquiring the images. Online I found this “superfamily” of insects has an active fan base (to be expected, as the cicada figures in mythology of both the East and West as a symbol of immortality and rebirth) with websites like www. CicadaMania.com. Using its nifty online identification tool, I found my subject might be *Okanagana vanduzeei*. All this makes me wonder just how Van Duzen got to be the namesake of both a river and an insect.

Most cicadas look and act pretty similarly. As larvae they live in the ground drinking fluids from plant roots. When mature, they climb out and abandon their final larval skin (called an exuvia), clinging to low vegetation. The Eastern genus *Magicicada*, contains the famous 13- and 17-year “locusts,” which aren’t related to true locusts (order *orthoptera*, grasshoppers). After a 17-year subterranean existence, the members of a given “brood” emerge in great numbers, all within a few days of each other. They molt, the males congregating to sing their song for only a few weeks. They are probably the longest living non-social insect. Sheer numbers and the long time between emergences overpowers the ability of potential predators to absorb them all, allowing sufficient numbers to mate, lay eggs and carry on their genetic heritage.

The short time they have for boy to meet girl requires some mechanism to increase their chances. That’s where singing comes in. Male cicadas are probably

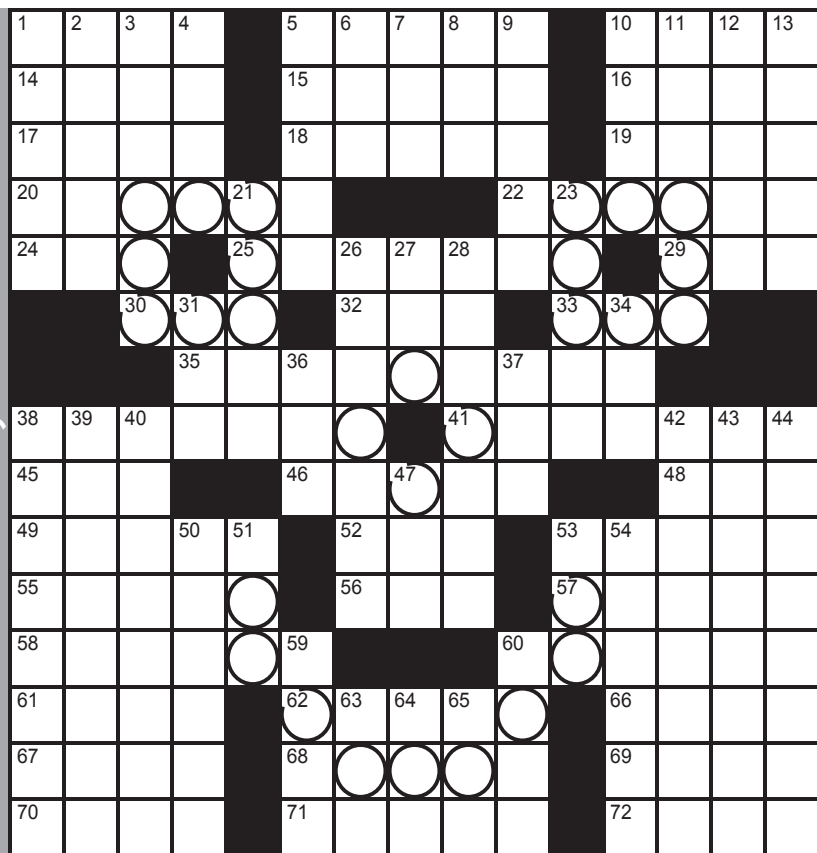
the loudest insects. Each species has its own distinctive song to prevent confusion. Some males can generate as much as 120 decibels, loud enough to damage human hearing at close range. You can find recordings of these love songs at www. insectsingers.com.

Beauty

The other day, while waging my perpetual losing battle against garden weeds, I glimpsed a shadow. It was a dragonfly cruising my yard for an afternoon snack. I kept watch and it changed its flight pattern from actively hunting to slowly browsing the bushes near the ground for a place to rest. When it finally landed, I got my camera and got close enough to take a shot. I recognized it as one of the mosaic darners, named for the intricate patterns on their abdomens. It was only later when I downloaded it onto my computer and compared it to my books that I decided it was a male California darner (*Rhionaeschna californica*). The next day I got a shot of a female. Males of this species are marked with bright blue and black while females are more subdued with green and brown markings.

In the dragonfly world, the males are often more beautiful and the females are often drab by comparison. That’s because the valuable females need the protection of camouflage. Mathematically it makes sense. In asocial species, the biology of reproduction places a premium on the females’ survival. Male cicadas and crickets are the ones who make themselves obvious by singing, male glow worms fly about when they go courting, exposing themselves to predators, while the females stay hidden in the leaf litter under trees, and male dragonflies are often the more brightly colored. Males are more expendable and therefore saddled with the burden of attracting the ladies.

●



GAME FACE

ANSWERS NEXT WEEK!

©2016 DAVID LEVINSON WILK

ACROSS

1. Chuck
5. Best Picture of 2005
10. Brand founded in 1979 by Brian Smith when he began importing sheepskin boots to the U.S. from Australia
14. It is, in Ibiza
15. Batting average, e.g.
16. Singer Bareilles
17. "Cheers" actress
18. Red-wrapped imports
19. Name of three Giants outfielders in 1963
20. Soprano Nellie and others
22. Hooter named for its small size
24. "Blueberries for ____" (classic children's book)
25. Relating to the cover of the eyeball
29. Carry-____ (airplane totes)
30. Actor Vigoda with a 2016 obit that read he "outlived by about 34 years an erroneous report of his death that made him a cult figure"
32. Just get (by)
33. Co. led by Baryshnikov in the 1980s
35. Sheriff's badges, often
38. Substituting for, in poetry
41. One way to wish
45. It may elicit a "ur welcome"
46. ____ canvas (art exhibit designation)
48. World Cup cry
49. Bay window
52. "Dig in!"
53. "Ha! That's ____ one!"
55. Julius who developed a container in the 1870s to culture bacteria
56. Hwys.
57. On a farm team?
58. Glacial formations
60. Many a flea market transaction
61. Lupino and Tarbell
62. iPad reading
66. ____ empty stomach
67. With 69-Across, something an athlete is said to put on before competing (see the grid's circles)
68. Prefix with -holic
69. See 67-Across
70. "Brooklyn Nine-Nine" org.
71. Sweetie pie
72. Played a prank on using bathroom tissue, informally

DOWN

1. Times spent in prison or in office
2. Milo of "The Verdict"
3. Designer McCartney
4. Car company once owned by G.M.
5. Musical opposite of dimin.
6. "Sick!"
7. "I'm ____ loss"
8. Customizable character in a computer game
9. Old Testament prophet
10. Letters on a B-52
11. Palooka
12. Unlike a child
13. Bellow and Steinberg
21. "But with every deed you are sowing ____ / Though the harvest you may not see": Ella Wheeler Wilcox
23. Wool source
26. More verdant
27. Heart test letters
28. Establishes a new foothold
31. Food preservative, briefly
34. Some four-year degs.
36. Losing line in tic-tac-toe
37. ____ Arbor, Michigan
38. Reason to hit the brakes
39. Like many holiday weekends
40. It can be a major turnoff
42. Grabbed some Z's
43. Fragile fabric made from a plant fiber
44. Blushed
47. Boy
50. Wiped the slate clean
51. Driver's ID: Abbr.
53. Matey's yes
54. Become lenient (on)
59. Topic in a world religions course
60. Old theaters once owned by Howard Hughes
63. GWB's successor
64. New pedometer reading
65. Mo. for campaign surprises

LAST WEEK'S ANSWERS TO COLD OUTSIDE

C	M	D		L	A	D	D		W	H	A	M	M	O
H	O	E		A	F	R	O		G	O	N	E	O	N
U	S	O		B	L	O	W	S	H	O	T	A	N	D
B	U	R	J		I	D	I					T	E	E
B	L	O	O	E	D				R	I	C	K	E	Y
				H	O	R	S		I	T	S	E	A	S
L	E	N	N	O	N			O	U	T	I	N	T	H
A	T	O	M			D	A	S				N	E	O
S	H	O	U	L	D	E	R		A	L	E	R	T	S
S	A	N	I	B	E	L		O	K	E	D			
	N	E	R	O	L	I		B	A	B	Y	I	T	S
A	C	E			S	I	R		S	M	U	T		
C	O	L	D	O	U	T	S	I	D	E		O	R	E
R	E	S	O	R	T			T	E	A	R		F	O
O	N	E	E	Y	E			A	N	D	S		F	W

su | do | ku

© Puzzles by Pappocom

MEDIUM #62

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	1				6							7		
					3							5		
2		9	5		8	3		6						
3					9									
4				2					9					
	9	3							7					
				4	3	6								

www.sudoku.com

Employment

Opportunities

**A-1 CHECK CASHING
CUSTOMER
SERVICE REPRESENTATIVE**
P/T position that may lead to F/T. Located in Eureka at 3220 Broadway. Stop by or fax resume to 707-263-7134.

**AMERICAN STAR
PRIVATE SECURITY.** Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-0428)



EMPLOYMENT OPPORTUNITIES

Vault Cashier, FT
Valet, PT
Gift Shop Clerk, PT
Cage Cashier, PT
Janitor, PT
Surveillance Officer, PT
Sous Chef, FT
Bingo Food Runner, PT
Waitstaff (bus/host and/or wait), PT
Dual Rate Supervisor for Table Games, PT
Shuttle Driver, PT

To apply visit our website at www.cheraeheightscasino.com



Part-Time to Full-Time Registered Dental Hygienist (RDH)

Candidates must possess a current CA RDH license, as well as, excellent communication skills, clinical experience, computer proficiency, and teamwork abilities. Bilingual Spanish and experience with Electronic Dental Records preferred. Compensation \$38-\$43 per hour DOE.

Full-time LVN/RN

Candidates must possess a current nursing license, as well as, clinical experience, strong triage skills, computer proficiency, and management abilities.

RRHC is an EOE and offers a four-day work week, as well as, competitive compensation and benefit packages.

Interested and qualified candidates may apply at :

Redwoods Rural Health Center
101 West Coast Rd
P.O. Box 769,
Redway, CA 95560,
download an employment application from www.rrhc.org or contact RRHC at (707) 923-2783.



PARENT EDUCATOR

This full-time position works with parents with developmental disabilities to develop or enhance parenting skills and includes making home visits and providing services in a variety of settings. Starts \$14.11/hr.

Ability to pass criminal history fingerprint clearance and possess a valid California driver's license, auto insurance, and access to a vehicle.

Application and job description available at www.changingtidesfs.org. Please submit letter of interest, resume, and application to Nanda Prato at 2259 Myrtle by **Monday, May 2, 2016 at 5 p.m.** EOE

open door

Community Health Centers

CASE MANAGER REFERRAL SUPPORT

1 F/T Crescent City

DENTIST

1 F/T Eureka

DIETICIAN

1 F/T Eureka

LAB ASSISTANT

1 F/T Crescent City

LEAD LAB ASSISTANT

1 F/T Arcata

LVN/ MA

1 F/T Eureka

1 F/T TEMP Willow Creek

MEDICAL BILLER

1 F/T Arcata

MEDICAL ASSISTANT

3 F/T Arcata

1 F/T Eureka

1 P/T Eureka

1 F/T Ferndale

MEDICAL RECEPTIONIST

1 F/T Crescent City

1 F/T Eureka

1 F/T Fortuna

MEDICAL RECORDS CLERK

1 F/T Crescent City

REGISTERED DENTAL ASSISTANT

1 F/T Crescent City

2 F/T Eureka

1 Temp Eureka

REGISTERED NURSE

1 F/T Eureka

1 F/T Fortuna

1 Per Diem Willow Creek

REGISTERED NURSE CLINIC COORDINATOR

1 F/T Willow Creek

RN-OPERATIONS

1 F/T Eureka

STAFF RECRUITMENT AND RETENTION SPECIALIST (HUMAN RESOURCES)

1 F/T Arcata

Visit www.opendoorhealth.com to complete and submit our online application.

CARE PROVIDERS NEEDED NOW! Earn 1200-3600 a month working from the comfort of your home and receive ongoing support. We are looking for caring people with a spare bedroom to support an adult with special needs. We match adults with disabilities with people like you, in a place they can call home. Call Sharon for more information at 707-442-4500 ext 16 or visit www.mentorswanted.com



CITY OF EUREKA POLICE CADET (POLICE ACADEMY STUDENT)

\$2725 - \$3489 MONTHLY

Are you interested in pursuing a career in law enforcement? The City of Eureka is seeking motivated and disciplined individuals to assume the role of Police Cadet, and undergo training to become a Police Officer with the Eureka Police Department.

If selected for this position, candidates will be sponsored to attend and complete the local POST approved Basic Police Academy. Cadets who successfully complete the academy will be promoted to Police Officer with EPD, provided that all necessary requirements are met at that time.

For a complete job description, and to apply, please visit our website at: www.ci.eureka.ca.gov.

**Final filing date:
Friday, May 13th, 2016. EOE**



CITY OF EUREKA ELECTRICAL & INSTRUMENTATION TECHNICIAN

**\$3,464-\$4,422/MO. (DOE)
EXCELLENT BENEFIT PACKAGE**

The City of Eureka is seeking an Electrical & Instrumentation Technician who can perform the most complex and specialized duties required to ensure that water and wastewater treatment facilities and systems are maintained in a safe and effective working condition. Maintains, installs, calibrates, and repairs electro-mechanical, analog, digital, and computerized control devices and systems Troubleshoots, isolates, and repairs problems in malfunctioning electrical/electronic instruments and systems.

Must have knowledge of SCADA and PLC programs, and experience with 3-phase power systems. Any combination of training and experience is qualifying; typical qualifications would be equal to the completion of the twelfth (12th) grade supplemented by college-level coursework in water and/or wastewater treatment plant maintenance and repair, the electrical and/or mechanical trades, or related field, and two (2) years electrical instrumentation field experience. Must obtain CWEA Electrical/Instrumentation Technologist Grade II Certification within 18 months. Salary placement may be made at any step, depending on experience.

For more information and to apply on line please visit our website at www.ci.eureka.ca.gov.

**Final filing date: 5:00 p.m.
Friday 5/6/2016. EOE**



CARDINAL SERVICES INC., DBA
SEQUOIA PERSONNEL SERVICES

**445-9641 • 2930 E Street Eureka, CA 95501
www.sequoiapersonnel.com**



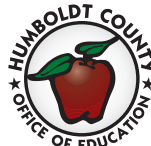
CLEANER

Property management company is seeking a qualified individual to complete turnover work at vacant rental units.

Duties may include restoring rental units to desired move-in condition; cleaning, patching, painting, hauling, light repairs; upkeep of laundry rooms and common areas at commercial and residential complexes; other duties as assigned.

Background check required. Must have reliable vehicle (preferably a pick-up or van), valid driver's license, registration & insurance.

FT 8am-4:30pm Monday-Friday
\$11.00/hr. + paid vacation, sick pay, and mileage reimbursement. Supplies and equipment provided
Call (707) 444-3835 ext. 110 or e-mail susan@ppmrentals.com for more info and application.



Humboldt County Office of Education has the following openings:

Senior Account Tech, Payroll, Accounts Payable, Accounting

FT, M-F, 7.5 Hrs./Day, \$2,580.50-\$3,295.50/mo. (\$15.88-\$20.28/Hr.). Eligible for H&W Benefits & PERS. Requires 3 years experience working in payroll, accounts payable, fiscal recordkeeping & competency in spreadsheet & software applications.

Closes: 5/3/2016, 4 PM

Clerk for the Deaf & Hard of Hearing

FT, M-F, 7.5 Hrs./Day, \$1883.48-\$2598.48/mo. (\$11.59-\$15.99/Hr.) DOE. Eligible for H&W Benefits & PERS. Graduation from High School. Not less than 2 years of clerical experience. Familiarity with special needs deaf & hard of hearing students desirable/not required. **Closes: 5/3/2016, 4 PM**

Behavioral Support Assistant

FT, M-F, 7.5 Hrs./Day, \$2289.73-\$2921.75/mo. (\$14.09-\$17.95/Hr.) DOE. Eligible for H&W Benefits & PERS. Requires graduation from High School. No less than 2 years experience working with special needs children in a school setting. 2 years related college training may substitute for 1 year experience. Must pass Paraprofessional Exam. **Closes: 5/26/2016, 4 PM**

Custodian/Maintenance

FT, M-F, 7.5 Hrs./Day, 11:00 a.m.-7:30 p.m., \$12.46-\$17.19/hr., DOE. Eligible for H&W Benefits & PERS. Requires graduation from High School or comparable competence; must be at least 18.

Closes: 5/26/16, 4 PM

Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039.



BLUE LAKE
CASINO • HOTEL

Looking for fun and friendly people to fill a variety of positions.

CURRENT JOB OPPORTUNITIES:

**Line Cooks, Sushi Rollers, Payroll
Clerk, Revenue Audit and more!**

To apply, simply visit the Human Resources office at the casino. For directions, current listings and other information visit www.bluelakecasino.com & click "Careers"



Redwood Coast Regional Center

Be a part of a great team!

UNIT ASSISTANT (Secretary)

1 FT Eureka, CA. HS graduation or equivalent + 4 years paid office experience. Typing/keyboard certification for 55 wpm required. Salary range \$1883- \$2649/mo + excellent benefits. EOE/M-F

Go to www.redwoodcoastrc.org for info, forms & instructions. **Closes 5/2/16 at 5pm.**



Blue Lake Casino &
Hotel is hiring a

Kitchen Manager

This position is responsible for all kitchen functions including food purchasing, quality standards, cleanliness, training, preparation, plate presentation, portion and cost control.

Prior supervisory experience in a commercial kitchen is required.

To apply, visit www.bluelakecasino.com/careers or visit the Human Resources office at the casino. **Open until filled.**



Immediate Opening

LANDSCAPE MAINTENANCE

Some occupational gardening experience desired. Landscaping, yard work, mowing, trimming, hauling. Physical requirements include repetitive bending & lifting. Must be able to lift 50 lbs, use ladder, operate & maintain gardening equipment. Some cleaning & painting of vacant units during winter rains.

All supplies & equipment provided. Must have pick-up truck or van, current driver's license & insurance. Background check required

FT Mon-Fri. \$12.00/hour + benefits and mileage reimbursement

Call (707) 444-3835 ext. 110 or e-mail susan@ppmrentals.com for more info and application.

K'ima:w Medical Center, an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

CERTIFIED DATA ENTRY CLERK FT/Regular. Codes diagnostic information; performs ICD-9-CM, CPT, HCPCS, and ICD-10-CM coding. **Deadline to apply is 5 PM, April 20, 2016.**

PARAMEDIC FT/Regular; On-Call position available. Administers life support care to sick and injured persons in the pre-hospital setting; Paramedic license from the State of California. **Deadline to apply is 5 PM, April 28, 2016.**

CERTIFIED ALCOHOL AND DRUG COUNSELOR FT/Regular. Manages client substance abuse issues; coordinates services; and organizes activities for clients. **Deadline to apply is 5 PM, May 4, 2016.**

MENTAL HEALTH THERAPIST FT/Regular. LCSW or LMFT. Meet with clients for intake, crisis intervention, and counseling. **Deadline to apply is 5 PM, May 4, 2016.**

MEDICAL ASSISTANT PT/On-Call. (\$16.41 per hr, KGS 5). Provides administrative, clerical and technical support to physician; Certified Medical Assistant desired. **Open until filled.**

EMERGENCY MEDICAL TECHNICIAN 1 PT/On-Call. Administers basic life support care to sick and injured persons as directed by Paramedic; EMT-1 certification and North Coast Emergency Medical Service accreditation. **Open until filled.**

DIABETES PROGRAM MANAGER/CERTIFIED DIABETIC EDUCATOR FT/Regular [can be contracted]. Serve as the lead educator/case manager for the SDPI Competitive Grants Program and other available diabetes grants and projects. Open to RN, PHN, MD, or other licenses. **Open until filled.**

PHARMACIST FT/Contracted. This position plans, organizes, and controls pharmacy activities to include, dispenses medications, consults with patients, supervises and educates staff. **Open until filled.**

PUBLIC HEALTH NURSE FT/Regular. Establish a community health program whereby all client populations are planned, evaluated, coordinated, organized, directed and supervised; work with staff from the Ambulatory Clinic, Outreach, Diabetes, and Senior Nutrition programs. **Open until filled.**

NURSE MANAGER FT/Regular. Supervises Nursing Department. **Open until filled.**

REGISTERED NURSE CARE MANAGER FT/Regular. Assist in the overall management of high risk patients. **Open until filled.**

CLINICAL LABORATORY SCIENTIST FT/Regular. Provides high quality lab service to an ambulatory clinic; COLA-accredited. **Open until filled.**

FAMILY NURSE PRACTITIONER FT/Contracted. Function as a primary care provider seeing all ages of patients and all medical conditions. **Open until filled.**

PHYSICIAN FT/Contracted. Provides outpatient care. **Open until filled.**

DIETITIAN MANAGER/CERTIFIED DIABETES EDUCATOR FT/Regular. Coordinate the diabetes management and prevention goals. **Open until filled.**

DENTIST FT/Contracted. Provides dental health care. **Open until filled.**

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261 or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.

FOOD SERVICE SECRETARY/ELIGIBILITY SPECIALIST Eureka City Schools is currently accepting applications for a Food Service Secretary/Eligibility Specialist at the Central Kitchen. 8 hrs/day, 5 days/wk, 11 month position, 216 day work year. Please visit our website at www.eurekacityschools.org for the complete application process. To obtain a job description, please email Janice Stemach at stemachj@eurekacityschools.org www.eurekacityschools.org



United Indian Health Services, Inc.

Application deadline: May 6, 2016

Electronic Health Records Developer (Report Writer)

Analyze data and design reports, graphs, and charts in support of clinical, business, and grant requirements using E.H.R. and Practice Management databases. Must have experience with SQL, HL7, E.H.R.'s and knowledge of capturing existing systems requirements and functionality. Arcata Full Time

Electronic Health Records Help Desk Tech.

The (E.H.R.) Help Desk Tech. provides first level support to users of the NextGen E.H.R. and E.P.M. software applications as well as Dentrax and other software applications. Arcata Full Time

Human Resources Coordinator

Assists Human Resources Director with all functions within Human Resources Section. This position is responsible for leading coordinating, Monitoring and maintaining the credentialing process. Must be organized and able to work independently. Arcata Full Time

Optometrist

Provides comprehensive vision services to UIHS Clients including complete eye examinations and treatment for a full range of complex optometric conditions. Arcata full time

Health Promotion Technician

Arcata full time Assists American Indian communities with health Promotion and disease prevention activities.

Registered Dental Assistant

Works directly with the dentist and the dental healthcare team to provide quality oral healthcare for UIHS. Full Time Crescent City

Clinical Nurse/RN

Utilize the nursing process to provide appropriate and culturally sensitive care to UIHS clients. Del Norte/Arcata/Weitchpec Full Time Del Norte/Humboldt Part Time

Diabetes Program Manager

Implements prevention efforts in community and provides clinical coordination with medical providers Arcata/Full Time

Nutrition Manager/ Dietician

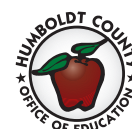
Manager nutrition programs which educates and promotes Health and wellness throughout the Community. Arcata/Full Time

Medical Provider - MD/DO or FNP/PA

Provides general medical care and treatment to patients in medical facility such as a clinic, health center, or public health agency. Arcata/Smith River/ Del Norte /Flexible hours up to Full Time/Open Until Filled

Employment application available online at www.uihs.org. Email application, cover letter and resume to UIHS-Recruiting@carih.org

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given all: applicants welcome.



Humboldt County Office of Education

Anticipated Openings for School Bus Drivers



Entry level or experienced—all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

Qualifications: Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at www.humboldt.k12.ca.us

Reply to: Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.



LOOKING FOR A MEANINGFUL JOB IN YOUR COMMUNITY?

Crestwood Behavioral Health Center is looking for Full-Time, Part-Time and On-Call LPTs, LVNs to join our dynamic team committed to teaching a "life worth living."

Apply at

2370 Buhne St, Eureka

<http://crestwoodbehavioralhealth.com/location/eurekaca/>



Southern Humboldt Community Healthcare District is now accepting applications for:

CLINICAL LABORATORY MANAGER

Full Time Position. Current California Clinical Laboratory Scientist license required. Laboratory management experience preferred. Chemistry, hematology, UA, coagulation, and blood bank experience required. Includes shared call.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

LICENSED VOCATIONAL NURSE

Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility or 8-hour shifts in our out-patient clinic.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/patients. Must possess CNA Certificate and CPR Certification.

EMERGENCY DEPARTMENT TECH (ED TECH)

Full Time Position, 12-hour shifts. Current Emergency Medical Technician (EMT), Paramedic, or Certified Nursing Assistant (CNA) license. Experience preferred; willing to train the right candidate.

Visit www.shchd.org for more information and to apply Or call (707) 923-3921 ext. 230



LOOKING FOR A STEADY CAREER WITH AN EMPLOYER THAT CARES ABOUT YOUR AND YOUR FAMILY'S WELL-BEING?

Looking for a career where you feel good about helping out others? We are looking for Part-Time and On-Call cook and housekeepers to join team at Crestwood Behavioral Health Center.

Cook \$11.31/hr; Housekeeping \$10.14/hr.
EEO/AA/Minority/F/Vet/Disability Employer.
2370 Buhne St, Eureka
707-442-5721



ASSISTANT/ASSOCIATE ENGINEERS Dokken Engineering is currently seeking Assistant (EIT) and Associate (PE) Engineers in Caltrans District 1 (in Eureka) and Caltrans District 2 (in Redding). Primary Responsibilities: Work directly with Caltrans staff-Execute engineering tasks for the planning, design and construction of transportation projects-Perform/produce detailed geometric designs, design calculations, technical reports, and PS&E for transportation facilities-Perform quality control for projects. Requirements: BS in engineering. CA PE for Assoc. Engrs; EIT for Asst Engrs. Transportation exp: 5 yrs preferred-Associate Engrs. Exp w/ MSoft Ofc; CADD, Civil 3D, MicroStation, InRoads and other transportation design software as appropriate; Strong oral/written skills; Demonstrated leadership skills and proven ability to work in a team environment; Commitment to delivering quality work products and superior service to clients. Salary: Commensurate with exp.; Full benefits pkg.; Status:- Full-time, exempt. Submit resume to Resumes-Folsom on website ONLY if you feel you meet these qualifications.
www.dokkenengineering.com



**CITY OF EUREKA
CODE ENFORCEMENT
OFFICER I/II**

\$3,270-\$4,584 MONTHLY

The City of Eureka is currently recruiting for Code Enforcement Officer I/II. The ideal candidate will have related experience performing inspections or investigations involving the evaluation and enforcement of laws, codes or ordinances related to building, zoning and health and safety rules and regulations.

He or she will have experience with the investigation and resolution of code violation cases including coordination with multiple departments and agencies, testifies in hearing and court proceedings. Candidates should possess a strong oral and written communication, interpersonal and problem solving skills.

Education/Training: Completion of twelfth grade supplemented by specialized training/college in criminal justice, planning, public administration, law enforcement, construction inspection, or related field.

Please visit our website www.ci.eureka.ca.gov to view a complete job description with qualification details, and to submit an application.

**Final filing date: 5:00 pm,
Friday, 5/13/2016). EOE**



**CITY OF ARCATA
Thinking about a
career change?**

**Do you wish to be a
positive contribution in
the community?**

The City of Arcata is seeking another candidate to sponsor through the full-time Police Academy which starts in July 2016.

We offer health benefits for the selected candidate who can successfully pass a detailed background check and interview process.

Visit our jobs page at www.cityofarcata.org or call or visit the City Manager's Office at 736 F Street, Arcata (707) 825-2135. EOE.

YUOK TRIBE JOB OPENINGS

For more information go to: www.yuroktribe.org

#0587 HEAD START TEACHER

RG/FT KE'PEL \$19.64-\$25.53 OUF/REVIEW: 4/29/16

#0685 JET BOAT CAPTAIN

SEASONAL KLAMATH \$21.20 5/12/16

#0716 HEAD START BUS DRIVER/CUSTODIAN

RG/FT KE'PEL \$15.86-\$20.62 OUF/REVIEW: 4/29/16

#0721 HEAD START TEACHER

RG/FT KLAMATH \$19.64-\$25.53 OUF/REVIEW: 4/29/16

#0722 POLICE OFFICER

RG/FT KLAMATH \$21.05-\$26.58 OUF/REVIEW: 4/29/16

#0725 EMERGENCY SERVICES SPECIALIST

RG/FT KLAMATH \$19.15/\$21.20 4/22/16

#0749 JOM STUDENT TUTOR

15 HRS PER WEEK TEMP/PT. 2 EUREKA. 2 WEITCHPEC
\$10.03 OUF/REVIEW: 4/29/16

#0753 EARLY HEAD START TEACHER

RG/FT KE'PEL \$17.69-\$25.53 OUF/REVIEW: 4/29/16

#0754 WILDLIFE BIOLOGIST II

RG/FT KLAMATH \$23.42-\$33.53 5/13/16

#0760 HEAD START HOME BASE VISITOR

RG/FT KE'PEL \$14.17-\$20.62 OUF/REVIEW: 4/29/16

#0768 FLEET MANAGER

RG/FT KLAMATH \$17.23/\$19.15/\$21.20 4/29/16

#0771 GRANTS/COMPLIANCE OFFICER

RG/FT KLAMATH \$70,873-\$92,134 4/22/16

#0772 TRIBAL COURT PARALEGAL I-II

GRANT FUNDED UNTIL 9/30/16 TEMP/FT KLAMATH
\$23.42/\$25.79 4/29/16

#0773 FORESTRY DIRECTOR

RG/FT KLAMATH \$70,873-\$91,134 5/13/16

#0774 TRANSIT DISPATCHER

RG/PT KLAMATH \$13.81-\$17.95 4/29/16

#0775 PLANNER IV

RG/FT KLAMATH \$23.42/\$25.79 5/27/16

#0776 FISHERIES SURVEY TECHNICIAN

RG/FT KLAMATH \$12.31/\$13.81 4/29/16

#0777 HEALTH/WEALTH OUTREACH SPECIALIST

RG/FT KLAMATH/EUREKA \$12.31/\$13.81/\$15.45 5/6/16

#0778 ELDERS ADVOCATE COORDINATOR

RG/FT EUREKA \$17.23-\$21.27 5/6/16

#0779 COMMUNITY OUTREACH SPECIALIST

RG/FT WEITCHPEC \$15.45/\$17.23/\$19.15 5/6/16

CAREGIVER NEEDED for elderly lady in Eureka. Must be willing to sign up with IHSS. PT, on call hours. 707-672-2424.

HOME CAREGIVERS PT/FT. Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-0428)

DELIVERY DRIVER AND FILLER Pacific Choice is hiring. Pre-employment screening required. EEO Company. For more info or to apply visit www.pacseafood.com or apply in person at 1 Commercial Street, Eureka, CA 95501.



**CITY OF FORTUNA
FACILITY
CUSTODIAN**

**\$26,314 - \$31,971 PER YEAR.
FULL TIME, WITH EXCELLENT
BENEFITS**

Entry level position to perform a variety of custodial assignments for the upkeep of interior and exterior of various City facilities, equipment and grounds; and to perform related work as required. Incumbents should be prepared to work a flexible schedule which may include weekdays, weekends, evenings and holidays.

Must be 18 and maintain a valid CDL throughout employment. High school diploma or GED required. Any combination of training and experience is qualifying.

Complete job description and required application available at friendlyfortuna.com or City of Fortuna, 621 11th Street, 725-7600.

Application packet must be received by 4:00 p.m. on **Friday, May 13, 2016.**



**General
Manager**

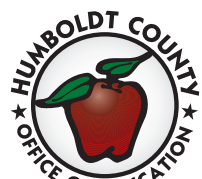
North Coast Co-op, a large two store consumer cooperative, with 15,000 members, 200 employees, 31,500 sqft. retail space and 34 million in sales, is seeking a general manager. The GM is responsible for overall operations and leads the way in providing outstanding service to our community.

Heading the management team, the GM works collaboratively in overall planning and management of this triple bottom-line business. Interested applicants should demonstrate an understanding of and commitment to the cooperative business model and a proven, successful management history. Experience working in a union environment, background in natural foods and a Bachelor's degree plus five years of progressive management experience, or an equivalent combination preferred.

North Coast Co-op is surrounded by many small towns in Northern California to create a progressive community on the north coast. Home of Humboldt State University, there are numerous cultural and outdoor recreational opportunities.

North Coast Co-op offers competitive wage and benefits packages. For a complete job description and application visit www.northcoast.coop/about_us/careers

Please submit application, resume, salary requirements and letter of interest by June 10 to gmmhiring@northcoast.coop.



**EDUCATION:
EQUAL OPPORTUNITY
TITLE IX**

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0625)

**THE DEL NORTE ASSOCIATION
FOR CULTURAL AWARENESS
(DNACA), A NONPROFIT ARTS
COUNCIL, IS SEEKING
APPLICANTS FOR ITS
EXECUTIVE DIRECTOR.**

This is a 30 hr/wk position with a salary of \$20-23/hr, depending on qualifications. Review of applications begins May 16, 2016; anticipated start date is July 25. Candidates should be energetic, dedicated, self-motivated and highly relational, with an ability to multi-task and problem solve. They should have organizing and managerial experience, a passion for the arts, and an ability to manage the administrative and financial health of the organization while working in a community-oriented, fast-paced environment. For specific qualifications, duties and other information, please see the detailed job description at www.dnaca.net/blog, or request a copy via e-mail. Submit your résumé with 3-4 professional reference contacts, a cover letter and a writing sample to dnaca@harborside.com or Transition Committee, DNACA, P.O. Box 1480, Crescent City, CA 95531.



**DIRECTOR OF DIETARY
SERVICES** being sought for Crestwood Behavioral Health Center - supervise staff to cook heart healthy meals & meet clients. Benefits include health, dental, vision, 401K. Please apply in person at 2370 Buhne Street, Eureka, 442-5721

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m.northcoastjournal.com

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TIMES, ARTS LISTINGS, BLOGS



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8 pers. \$37,600

Hearing impaired:
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Katherine Fergus
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Nestled in the mountains of Northern California, Winnett Vineyard overlooks the Willow Creek valley and is truly a sight to see. Situated on ±20 rolling acres, this certified organic vineyard offers spectacular views of the Trinity River, a variety of fully producing grapes including Riesling and Sauvignon Blanc, mature olive trees, outdoor wood fire oven, agricultural equipment barn and too many more amenities to list. A large detached winery is functionally partitioned with a main processing facility and separate



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WORLD TAI CHI DAY

Saturday, April 30th
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Free Class.
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NEW LISTING!



CARLOTTA LAND/ PROPERTY \$599,900

Become a part of the quaint Little Golden Gate community with this 2 bedroom 1 bath home on ±22 acres! House is unpermitted with a shop on the first story and living area above. Parcel features Van Duzen river frontage, off-grid solar system, end of the road privacy, standing merchantable timber, and a heavily producing spring. Don't miss out!

BLUE LAKE LAND/PROPERTY \$219,000

±40 Beautiful acres located
between Blue Lake and Willow
Creek. Parcel features sloping
topography, creeks, good
exposure, and timber.



NEW LISTING!

REDUCED PRICE!



ARCATA LAND/PROPERTY \$2,600,000

WOW! ±58 Acres comprised of 4 separate parcels bordering both Humboldt State University AND the Arcata Community forest! Nice mixture of standing timber including the coveted Redwood, Douglas Fir, Grand Fir, and Spruce. Enjoy beautiful ocean and bay views from the property's existing roads and hiking/biking trails! Versatile property with the ability to appeal to investors, developers, or nature lovers!

humboldtlandman.com

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2 Year Anniversary!

\$25 off office visits

May 8 - 14th

*R*edwood Urgent Care is proud to have served over 16,000 patients since it's grand opening in May 2014. Our promise since opening is to provide top quality, fast and affordable care for our community.

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